

Joe Restaino brings home  
all senior citizen news  
See sports, page 2

School board/Council  
gap stalls hockey rink  
See 'Positively Belleville,' page 4

Bucs basketball wins first  
game since 1994  
See Sports, Page 9

# Belleville Times

87th Year No.13

An Orechio Publication

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Thursday, January 4, 1996

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50¢

Council committee says children at School #8 will have room...

## School board seeks School #8 street hockey rink site plans

By Richard Dickon

The School Board repeated a request to see a preliminary plan from a Council committee for a proposed street hockey rink on the playing field adjacent to School #8, while Council members say the plan will not affect students' access to athletic playing fields at the site.

At the Dec. 18 school board meeting, school board trustee Frank Montagna said he expected to see specifications showing "the exact size of the roller rink," before he would approve the rink, repeating earlier fears expressed about the rink leaving no room for children to play outdoors.

Resident Phyllis Frantantoni had stated similar concerns, saying she feared "You will displace the kids with this hockey rink."

In an interview following the Dec. 12 Township Council meeting, Councilman Victor Canning said the rink was set up so that children could walk through it going in and out of the playing fields and that the fears were unfounded.

At the Dec. 12 meeting, Councilman Jerry Digori, part of the Council committee with Canning and Councilman Joseph Scaperrotta, said any perceived problems with the plans should have been brought up by the Board of Education before the site was approved.

"We looked at three sites, the high school, #9 School and #8 School," Digori said, "we thought #8 was the best site. It has lights, a fence, and blackout. The Board of Education gave us permission. These are things that should have come up with the Board of Education."

Mayor Jim Messina and Scaperrotta both said at the Dec. 12 meeting they thought the high school's old tennis courts would be a better site, but both also said they would support the plans as approved.

"I thought the high school would be better, but the Recreation and Cultural Advisory Board and the Board of Education came up with this," Messina said.

Scaperrotta said "I thought the old tennis courts would be more appropriate, but I do not want to hold up the process."

School Board trustee Lou Pallante, who did not attend the Dec. 12 Council meeting or speak to any of the Council committee members, said he was "disheartened" that no site plan was forwarded to the school board.

"All I'm asking for is a drawing, something informal, not elaborate, to show where on the property this is going. That's not going to hold anything up," Pallante said.

Superintendent of Schools Michael A. Lally said a site plan was supposed to be given by the Council committee to the School Board's building and grounds committee, which includes Ralph Mazzuca, Barbara Cicalese and Pallante.

"It appears in the minutes," Lally said.  
The same school board and Council members who have collaborated on the Municipal Stadium renovation

and the recently-completed high school tennis courts, first met in September to discuss a possible location for the rink.

Digori had originally proposed the Recreation House on Joramelon Street as a site for the rink, but that location was dropped because it could not fit a 75-by-155-foot rink necessary for competition.

Deputy Mayor Thomas Spillane, Councilman Bill Cook and Councilwoman Angie Paserchia had all voted against putting the rink at the "Rec" house.

Digori told the Council in July that the local street hockey league now plays in Nutley and Lyndhurst, but the team must have a home facility to continue competing.

Cook suggested looking at School #9 in the Valley section, while Spillane said School #9 or the old High School tennis courts "away from things" could be utilized.

Paserchia has said she was against putting the rink at the Rec house because residents there do not want it "in their backyard."

## Schools get 7 snowblowers, despite Montagna's protests

On the eve of a snowstorm that would dump nearly 10 inches of snow on the school district, the School Board voted to purchase seven new snowblowers, over the objections of school board trustee Frank Montagna.

School Board Business Administrator Edward Appleton recommended buying seven new snowblowers at the Dec. 18 public Board of Education meeting, hours before the snowstorm blanketed Belleville.

Montagna said buying five snowblowers was enough, insisting that fewer pieces of equipment were needed. Montagna's motion failed to garner support.

Montagna questioned the need to add the seven snowblowers, which would give the district a total of 16. "Are you telling me that all 17 (16) snowblowers go at once?" Montagna asked Appleton, who replied, "All 16 will be used tomorrow."

Other board members cited safety concerns, noting that the custodial staff was in a better position to decide how many snowblowers were needed.

Board member Thomas Fuscaldo said he was voting for seven snowblowers because it was "a safety issue."

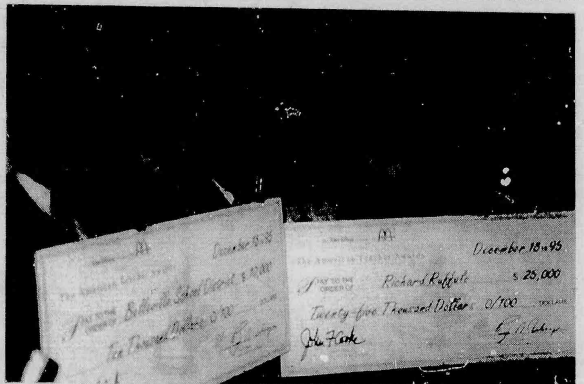
Board member Robert Molinaro made similar comments, saying that skimping on safety was "a false economy."

Board Vice President John Notari, a teacher in Clifton, said, "I like to save money, but whenever I've fallen on the ice, it has always been school. We need these."

- Richard Dickon



ORCHESTRA OFFERS HOLIDAY TREAT - The Belleville High School Band and Orchestra treated the audience of the Dec. 18 Board of Education meeting to a short but enjoyable set of music for the holidays. (Photo: By Richard Dickon)



"CHECK OUT" NATIONAL TEACHER OF THE YEAR - Richard Ruffalo, (second from left), the Hall of Fame High School Science Teacher/track coach, who is also a champion athlete, received the highest accolades possible, being named Outstanding Teacher of 1995 as well as Outstanding Athletic Coach of 1995 in a nationally broadcast ceremony in Washington, D.C. Here he displays the \$25,000 he is receiving from the Walt Disney Company and McDonald's. He plans to spend the money on improving the district's science technology and to purchase a facsimile machine for the Athletic Director's office. Superintendent of Schools Michael A. Lally (far left), School Board President Ralph Mazzuca (third from left) and High School Principal Joseph Petrillo (right) also displayed the \$10,000 received by the district and the \$27,500 awarded to the high school in Ruffalo's honor. At a Dec. 18 ceremony during a school board meeting, Ruffalo accepted the \$25,000 check "on behalf of the thousands of excellent teachers" across America. As a teacher, coach and motivational speaker, Ruffalo mentors students and athletes, using his new talents to show them that they have hidden talents yet to be discovered, and continues to show that anyone can become a success in the classroom, on the athletic field, and in life. Ruffalo lost his sight in 1981, but has developed other skills, including a photographic memory and total auditory recall, after having gone blind from Retinitis Pigmentosa and being unable to read braille. (Photo: By Richard Dickon)

Some call for coaches, sports department to settle incident...

## Passaic girls basketball ice ball attack tossed into board's lap

By Richard Dickon

An incident where members of the high school girls basketball team were pelted with dangerous ice balls after a game with Passaic has brought calls from some for school board involvement in ensuring safety at athletic events, while others called for coaches and the athletic director's office to intervene first.

The Dec. 15 incident was brought up at the Dec. 18 Board of Education meeting by Judy Piscatowski, a parent of one of the basketball players involved.

She asked why no police escort was present at the game, and called for sanctions against Passaic.

According to a police report quoted by Piscatowski at the meeting, one member of the Passaic girls team was one of those throwing the snow, which led to an injury to one Belleville girl. She said she feared escalation of violent behavior, adding that such conduct has happened several times before.

"What if a knife or gun is involved?" she asked, questioning whether or not an armed guard was needed for protection.

School Board member Frank Montagna said the administration has failed to take action to stop such incidents, which he said have included racial slurs and other harassment at several locations, which he said included Clifton, Hackensack and Bergen Catholic.

Montagna once again called for Belleville to leave its present athletic league, and suggested a formal complaint be made, along with barring Passaic High School from playing Belleville.

Parent Mary Ann Lopreato said she thought the matter should go first through the coaches and athletic director's office before the board steps in, since no board members witnessed the incident.

Parent Mary Ann Lopreato said she thought the matter should go first through the coaches and athletic director's office before the board steps in, since no board members witnessed the incident.

## School Board committee focused on public relations

With accolades pouring in for the public school district over the past year, the School Board has decided to step up attempts to get positive information about the district out to the media.

School Board President Ralph Mazzuca announced the formation of a public relations committee at the Dec. 18 Board of Education meeting.

"We have gotten positive stories periodically in the media, but we want the board to get the word out to the media of all the good things going on," Mazzuca said.

School Board trustee John Notari was selected to chair the new committee. He is to announce at the Jan. 8 public board of Education meeting who the other committee members will be.

In the past year, the district has sent four students to study at the prestigious Oxford University in England.

Belleville High School was designated as a runner-up in New Jersey Monthly's feature on the state's outstanding public high schools, with official recognition taking place with a plaque and comments from school officials at an October public Board of Education meeting.

New Jersey Monthly chose Belleville High School as a runner-up outstanding high school, saying "this diverse high school of 1,200 students radiates a feeling of openness among teachers, administrators, students and the community. In-depth discussions and hands-on learning replace traditional lectures in many courses, and some departments are organized around teaching teams."

This honor followed earlier announcements that state-required test scores were rising, and Science Teacher/Track Coach Richard Ruffalo collected National Teacher/Cowboy honors (see related story, page 1), capping a long list of honors as a teacher, coach and athlete.

Under discussion by the school board is adding a public speaking course, as well as cutting-edge technology that would allow students, teachers and administrators to "surf the net" on the computer internet.

- Richard Dickon

# Belleville Senior News

By Joseph Restaino



## SEIZE THE MOMENT

Seize the moment before it's gone  
 For another day begins at dawn  
 Embrace the night which brings you rest  
 Awake and know you did the best  
 Fight each fight and run each race  
 It matters not if you win or place  
 Seize the moment ... you'll be blest  
 Then rest assured you passed the test  
 For he who tries can never fail  
 When God directs the ship we sail  
 Seize the moment and hold it dear  
 And rise by faith above your fear

By Clay Harrison

Get well wishes for Angelo Fienza, George Cowen and Fay Cheeto.

Grace Lisanti is in the hospital. Welcome back to Lucy Vecchione and Sam La Sala. Condolences to Mary Melchione whose sister-in-law passed away.

Also to the family of Norman Meyer. Norman was in charge of booking the events at the Chandelier and also a special friend of Irene Caruso.

In the new year remember the following in your prayers: Lillian Healy, Theresa Genovese, Maria Grzman, Fred Riccio, Ann Pernicola, Antoinette Molinaro, Marie Lenzi, Mary Lunetti and Ann Kenny. Also Mrs. Jerry Sansone.

Josephine Molinaro, trip chairlady of the Friday Senior Club is not feeling well.

The Senior Center has a holiday look about it due to the beautiful decorations abounding in the club. They have a very festive look and give you a lift in spirit as soon as you enter the center. A lot of work and love went into decorating the center. A committee of Anthony Nigro, Lou and Mary Melchione, Jim and Maria Troiano and Joe Cortese were responsible for putting up the decorations and both the Tuesday and Friday organizations paid for the decorations. This committee must be commended for a job well done.

Did you know that they have finally come to the conclusion that Vitamin C is good for you. It will reduce the risk of a stroke and a heart attack. It takes about 60 milligrams extra (about the Vitamin C in an orange) to help. In England a test taken proved that those taking more Vitamin C than others had less strokes and heart attacks.

So, eat more fruits and vegetables that contain Vitamin C. Love makes our friends a little dearer Joy makes our hearts a little lighter Faith makes our paths a little clearer Hope makes our lives a little brighter Peace brings us all a little nearer

Welcome back to Mike Campaner who spent Christmas with his daughter's family in Massachusetts.

Congratulations to Madeline and Anthony Aranecki on becoming great grandparents. Madeline's daughter gave birth to a bouncing baby boy. He joins three sisters to make a cozy family.

I also congratulate my daughter Phyllis and her husband Herb Lager. They became grandparents for the first time when Mr. Lager's daughter, Allison gave birth to a son Luke. Grandpa's head is way up in the clouds. Loads of luck to this happy family.

Congratulations are also in order to my niece, Lisa Cerami, of King Place, Belleville, on becoming engaged to Mr. Scott Holley. Lisa is the daughter of Joseph and Mildred Cerami.

Waiter: "How did you find your steak sir?" Diner: Just by accident. I moved the boiled potato, and there it was." Ha? Ha?

Did you know that the Home Energy Assistance Program (HEAP) provides income eligible households with a check for several hundred dollars to help pay your heating bills. Funds are limited and the application deadline is February 1, 1996.

If you are not receiving SFDC and food stamps you must complete an application. An application can be obtained from your county board of social services. If you believe you qualify or if you have problems paying your PS energy bill, call PSE&G at 1-800-268-5525.

Following are the guidelines. If there is one in the household the gross income is \$934; two \$1,254; three \$1,574; four \$1,894; five \$2,214; six \$2,534.

PS can also help you get an application. Tid bit: If you think it doesn't pay to stick together, consider the banana. As soon as it leaves the bunch it gets skinned!

Make Belleville beautiful by keeping it clean!

Happy New Year to keep it all.

## Belleville Police Blotter:

By Kelly Tahaney  
 • Eric Bradshaw, 23, of Newark was arrested for shoplifting at a Belmont Avenue supermarket Dec. 29.

Bradshaw was arrested for stealing \$20.37, police said.

• June Cappola, 44, of Belleville was arrested on Belmont Avenue for possession of a controlled dangerous substance Dec. 29.

Officers Paterno and Simonetti found Cappola in possession of two hypodermic needles and two glass jars with white residue believed to be drugs, police said.

• Daniel Bonilla, 29, of Belleville was arrested for possession of a handgun Dec. 30.

Detective Capece observed that Bonilla was armed inside a

Washington Avenue pool hall at 8:55 p.m.

Bonilla was subsequently arrested and found to be in possession of a fully loaded (13 rounds) 9mm Smith and Wesson handgun, handcuffs and a bulletproof vest.

Bonilla had an expired car permit and is being held on \$2500 bail, police said.

• A 19-year-old Kearny resident was robbed by a Bonnie and Clyde type couple Jan. 1.

The victim stated that he was approached by a guy and a girl in a white Jeep Wrangler at the corner of Washington and William.

The male suspect got out of his car and asked for directions. While the victim was giving directions the male pulled out a gun and said, "Give me what you got."

The suspect took the cash out of the victim's wallet and fled north on Washington Avenue, police said.

The victim got the jeep's plate number and informed the police.

Shortly afterward, police spotted the white Jeep Wrangler in the McDonald's parking lot.

Police entered the restaurant and saw a man and woman who fit the descriptions given by the victim.

Police also found the toy weapon in a garbage can at the restaurant.

The victim later identified Santos Olierio, 21, of Paterson and Carrey Christriane, 18, of Lincoln Park to be the suspected robbers, police said.

## RSVP seeks senior volunteers

The Retired and Senior Volunteer Program of Essex County is looking for volunteers in its Intergenerational Programs.

RSVP is a non-profit organization that recruits and places adults who are 55 or older in interesting and rewarding volunteer opportunities.

Volunteers are needed to fill a

wide variety of positions working with children. These positions range from assisting staff in a childcare setting to advocating for a child in foster care placement. In addition, volunteers are also needed to conduct interactive workshops in local school districts.

Call RSVP at 673-0640 if you are interested.

## Spencer Industries receives contract

Spencer Industries of Belleville has received a contract for \$115,700 from the Defense Electronics Supply Center to supply electronic components to the federal government. They will provide DESC with Mast.

The Defense Electronics Supply Center, a field activity of the

Defense Logistics Agency, is the Department of Defense's principal procurement center for electronic items for the U.S. military services as well as a number of federal civilian agencies such as the National Aeronautics and Space Administration.

## TOWNSHIP ORDINANCE

PUBLIC NOTICE is hereby given that the following proposed ordinance was introduced and passed on first reading at a meeting of the Municipal Council of the Township of Belleville, Essex County, New Jersey (the "Township"), finally adopted on June 14, 1994 as subsequently amended by said Township Ordinance No. 2656 of the Township finally adopted on February 14, 1995 and is hereby amended to the extent and with the effect that the description of the improvement described in Section 3 thereof shall read as follows:

"Section 3. The improvements hereby authorized and purposes for which the above described bonds and notes are authorized to be issued is for the financing of the general repavement and repair, as applicable of various Township roads, recreation and playground areas, and parking areas, including (but not limited to) Alva Street, Watching Avenue, Maple Avenue, Jefferson Street, Linden Avenue, Brentond Street, Church Street, Cleveland Street, Cortland Street (Bellavista to Greylock), Valley Street, Prospect Street, Montgomery Street, Honis Street, Belmont Avenue, Cross Street, Meachem Street, Ligham Street, Greenwood Street, Belleville Avenue, Perry Avenue and Crescent Terrace, Lloyd Place, Holmes Street (Washington Avenue to

Main Street), Tiona Avenue, Malone Avenue (Union to Belmont Street), Little Street (Washington Avenue to Main Street), Little Street (Union to Adelaide), Intersection of Floyd and Beech streets, Intersection of Tremont and Union Avenue, Intersection of Tremont and Adelaide Street, Intersection of Sunset and Union Avenue and Intersection of Myrtle and Adelaide Street and the repaving and improvement of various tennis courts."

SECTION 3. The Capital Budget of the Township is hereby amended to conform with the provisions of this bond ordinance to the extent of any inconsistency herewith. The resolution in the form promulgated by the Local Finance Board showing full detail of the amended Capital budget and Capital program and approved by the Director of Local Government Services is on file with the Clerk and is available for public inspection.

SECTION 4. Except as expressly amended hereby, the Original Ordinance shall remain in full force and effect.

SECTION 5. This amending bond ordinance shall take effect twenty days after the first publication thereof after final adoption, as provided by the Local Bond Law.

Belleville Times  
 Jan. 4, 1996  
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### Calendar of Events

**Trustees Gallery:** The art of Ellen Goldring is on exhibit in the Trustees Gallery of the Belleville Public Library and Information Center, 221 Washington Avenue.

**Exhibit Cases:** Wood Bird Sculpture and Carousel Horses by Charles Daidone are on exhibit at the library.

**Animal Stamps** by Betty Johnson are on exhibit at the library.

**Jan. 3 - "Travel Tips Hawaii and Alaska"** will be shown at 1 p.m. at the library.

**Jan. 4 - "A Time for Miracles"** will be shown at 1 p.m. at the library.

**Jan. 5 - The Friday Musical Film Class Series** features the film "How To Succeed in Business Without Really Trying."

**Jan. 8 - The Friends of the Library Board** will meet at 1 p.m. at the library.

A **Mystery Look Bingo** will take place at 3:25 p.m. at the Shafter Branch Library.

**Jan. 9 - The Opera Film Class Series** features the film "Il Barbiere Di Siviglia" at 12:30 p.m. at the library.

The **English For the Foreign Born Class** will take place from 6:30-8:30 p.m. at the library.

**Jan. 10 - "Travel Tips Australia"** will be shown at 1 p.m. at the library.

**Jan. 11 - The Thursday Film Class Series** features "The Miracle Worker" at 1 p.m.

An **Afterschool Storytime** will take place at 4 p.m. in the James J. Cozzarelli Jr. Children's Room.

**Jan. 12 - The Friday Musical Film Class Series** features "Damn Yankee" at 12:30 p.m. at the library.

**Jan. 13 - An Art Reception** featuring the works of Ellen Goldring will take place from 1-4 p.m. at the library.

**English for the Foreign Born classes** for beginners and intermediates will take place from 10 a.m.-12 p.m. at the library.

**Jan. 16 - The Poetry Society** will meet at 1 p.m. at the library.

### Lives of Famous Authors

On Jan. 17, library director Adrea Cohen will be conducting a series on "Lives of Famous Authors" with a concentration on Edgar Allan Poe. Cohen will discuss the life and works of Poe and the class will read excerpts from his short stories.

Please call the library at 450-3434 to register for the literature appreciation class.

### Library now on the Internet

The Belleville Public Library and Information Center, 221 Washington Avenue, is pleased to provide access to the public thanks to an \$800 grant from the New Jersey State Library and a donation from the Friends of the Library. Internet access is open to anyone who has an adult library card from the library. Users need to sign an Internet agreement with the library. Parental consent is required for users under the age of eighteen even though middle school students can have a library card.

Call the library's information desk at 450-3434 to arrange time on the Internet. If you are a business person in the community or an interested patron needing to learn about the Internet, contact assistant library director, Dr. Ming Bao.

## BOOK MARKS



Marcia Miele, Belleville Middle School art teacher, provides a great deal of enrichment for her students by having her students visit the gallery for art or photography exhibits, relating what they have learned to what they can actually see and experience, as well as developing oral communication skills relating to the artwork or the photography. Children experience what a gallery is like and can be encouraged to express their own creativity.

### Programs at Shafter Branch

Did you think because of a poor medical practice Arthur Conan Doyle produced the detective stories in which Sherlock Holmes was the chief character. On Jan. 12, at 3:25 p.m. the Shafter Branch Library will present a series of stories featuring Sherlock Holmes.

Martin Luther King was the recipient of the Nobel Peace Prize in 1964, but what was his childhood like? On the occasion of his birthday, the Shafter Branch Library will present a program about Dr. Martin Luther King Jr. on Jan. 17, at 3:25 p.m.

### January art exhibition

"Children With Cancer: An Art Therapist Perspective" is the subject of the January Art Exhibition at the Belleville Public Library and Information Center. The artist, Ellen Goldring, is an art therapist at Tomorrow's Children's Institute, Hackensack Medical Center, a pediatric oncology and hematology center. The exhibition is her response artistically working with the children at the hospital.

The exhibit can be viewed during library hours in the Trustees Gallery. A special Art Reception will be held in the Trustees Gallery on Jan. 13, from 1 to 4 p.m. Please call 450-3434 in advance if you are coming from a distance to view the exhibit, as the Gallery also serves as the library's meeting room.

### Dr. Martin Luther King Jr.

The Belleville Public Library and Information Center, 221 Washington Avenue, will be sponsoring several programs honoring Dr. Martin Luther King Jr.

On Jan. 17, at 3:30 p.m., the play "Martin Luther King, A Leader For All America," will be provided with a reading happening.

On Jan. 22, at 3:30 p.m., the play "Martin Luther King, A Leader For All America" presented by Act One Presentations will be featured at the Shafter Branch Library.

On Jan. 24, at 1 p.m., the play "Stand Up and Be Counted" for grades through five through adult level, will be presented at the Main Library. On Jan. 27, at 2 p.m., the play "Martin L. King: A Leader for All America, will be shown at the library. Jan. 29, at 1 p.m., the film "Martin L. King: Civil Rights Leader" will be shown.

## Join Anthony's Fight

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## No plea for drug sales

Essex County Prosecutor Clifford Minor said he has made a major resolution for the New Year by ordering no plea bargains in cases where undercover officers successfully buy narcotics within 1,000 feet of a school.

Minor, who said he is determined to crack down on recurrent episodes of drug-related, drive-by and street shootings, declared that plea bargains no longer would be offered in those cases.

Minor said he believes withholding plea offers in such cases is "one way to halt the epidemic of drug-related street shootings we've been seeing lately, primarily in the urban areas of Essex County. We cannot stand by while innocent citizens are gunned down on our streets."

Minor said: "Even the most arrogant drug dealers will carefully consider the alternatives when they know they face a mandatory three years in prison because the new policy means that they will be unable to negotiate the charges and their sentences downward."

Minor said he has sent letters to the judiciary, the Office of the Public Defender and to the chiefs

and directors of police in Essex County notifying them of the new policy which became effective Jan. 2.

The letter specifies that any pending plea agreement that had not been accepted prior to Jan. 2 will become null and void.

In his memorandum to police chiefs and directors, Minor wrote: "To assure the maximum efficiency for this new policy, please ensure that your officers engaged in drug investigations scrupulously report all undercover sales made to them within 1,000 feet of school property including school athletic fields and recreational areas. Since we can anticipate a large number of these cases going to trial in the future it is

more important than ever that the purchase by undercover police officers be properly executed and documented...."

He stated: "I believe this new policy will go a long way in deterring drug sales within school zones in Essex County, and will guarantee that persons who distribute controlled substances to law enforcement officers within school zones receive the degree of punishment they deserve. I am also hopeful that aggressive prosecution of these cases will bring about a decline in the violent street activity associated with the drug trade in Essex County."

### County to sell cordwood

Essex County Executive James Treffinger has announced that hardwood firewood will be sold at the county's South Mountain Reservation.

The price per 1/8 cord is \$10.

Interested buyers may purchase tickets at the counter in South Mountain Arena, Northfield Avenue, West Orange, and present

the ticket at the wood yard. The firewood sale is coordinated by the Essex County Department of Parks, Recreation and Cultural Affairs.

Hours for sale of firewood are Monday through Friday from 8 a.m. to 3 p.m., and Saturday and Sunday from 7 a.m. to noon. Sales will continue through mid-February.

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## OUR OPINION

### School board public relations can earn ultimate goal: passing budget

With accolades pouring in for the public school district over the past year, the School Board has decided to step up attempts to get positive information about the district out to the media. School Board President Ralph Mazzuca announced the formation of a public relations committee, hoping to get more of the many positive stories about the district out to the media. School Board trustee John Notari was selected to chair the new committee, and he will soon announce who the other committee members will be.

We have enjoyed spreading the word about the good things that are happening in Belleville schools, and we hope that the new committee will increase the amount of positive press the district receives everywhere. The most important effect of all may be accomplished by this committee: getting a school budget passed.

For the better part of the past quarter century Belleville voters, particularly senior citizens, have mercilessly taken out their frustrations about high property taxes, voting down

the only spending plan they have a say in, the school budget.

In the past year, the district has sent four students to study at the prestigious Oxford University in England; the high school has been chosen a runner-up in New Jersey Monthly magazine's Top 30 high school ratings; proficiency test scores have risen and high school science teacher/track coach Richard Ruffalo has been chosen National Teacher and National Coach of the Year by the McDonald's and Disney corporations, among many major positive stories to come out of the schools.

If more Belleville voters learn more about how well their taxes are being spent, with the lowest per-pupil cost in Essex County, then perhaps the tide can be turned positively in favor of education: Belleville's future, as far as attracting young couples and their children to the public school system, is at stake. Good luck to the committee, and we pledge to continuing highlighting what's good in Belleville's public schools.

### Panic over Passaic ice ball incident must give way to calm investigation

It seems that school board member Frank Montagna will jump on any bandwagon and incite panic to get his name in the newspaper. After an incident where members of the high school girls basketball team were pelted with dangerous ice balls following a game with Passaic, Montagna called for everything short of an armed invasion of Passaic.

The incident has brought attention to the frightening possibilities of violence, and the need to ensure safety at athletic events, but we agree with those who called for coaches and the athletic director's office to intervene first, since they are the ones who witnessed the incident who would know best how to act.

The incident was brought up at a Board of Education meeting by Judy Piscatowski, a parent of one of the basketball players involved. She asked why no police escort was present at the game, and called for sanctions against Passaic. According to a police report quoted by Piscatowski at the meeting, one member of the Passaic girls team was one of those throwing the snow, which led to an injury to one Belleville girl. She said she feared escalation of violent behavior, adding that such conduct has happened several times before, and she fears knives or guns will come next.

Montagna said the administration has failed to take action to stop such incidents, which he said have included racial slurs and other harassment at several locations, which

he said included Clifton, Hackensack and Bergen Catholic. He once again called for Belleville to leave its present athletic league, and suggested a formal complaint be made, along with barring Passaic High School from playing Belleville.

Parent Mary Ann Lopreato thankfully, provided the voice of reason, saying she thought the matter should go first through the coaches and athletic director's office before the board steps in, since no board members witnessed the incident.

We sympathize with Mrs. Piscatowski's, or any other parent's fears for the safety of their children. What we object to is Montagna's seizing the opportunity to attempt a vigilante-type response. Belleville employs very capable coaches and an athletic director to handle such situations, and we agree with Mrs. Lopreato that cooler heads must prevail in this situation. Banning Passaic sports teams or changing athletic leagues, as Montagna's has screamed for, only deprives Belleville's student athletes from competing against the highest level of competition, which they deserve.

We await the recommendations of those charged with making such decision about athletics, and we urge the other six school board members not to be taken in by Montagna's self-aggrandizing agenda, which prays on parents' worst fears.

## Quotables

The man who is too old to learn was probably always too old to learn. -- Henry S. Haskins

The secret of success in life is known only to those who have not succeeded. -- John Churton Collins

He that leaveth nothing to chance will do few things ill, but he will do very few things. -- Lord Halifax

No man who is occupied in doing a very difficult thing, and doing it very well, ever loses his self-respect. -- George Bernard Shaw

I have lived in this world just long enough to look carefully the second time into things that I am the most certain of the first time. -- Josh Billings

## 'Positively Belleville'

By Richard Dickon

### School board/Council gap stalls hockey rink; Montagna blows hot air on snow blowers

It is part of my responsibilities as Editor to attend all Board of Education and Council meetings. I wish the members of Belleville's two governing bodies felt the same sense of responsibility. Case in point: the construction of a roller street hockey rink on the athletic field adjacent to School #8 on Union Avenue.

Having been to both the Dec. 12 Council and Dec. 18 School Board meetings, it is frustratingly obvious that if the two sides had at least some representation at the other side's meetings, lots of time and effort would be saved. The one school board trustee who attends Council meetings virtually all the time is Frank Montagna, and he voiced his concerns about potential problems for children having access to the school's field with the building of the hockey rink. Even so, Councilman Victor Canning explained to me after the meeting that children will be able to walk through the rink to the fields. He chose not to answer Montagna, who tends to place blame and make accusations, rather than engage in useful dialogue.

What is frustrating about this is that none of the members of the joint Council/school board committee appear to be able to communicate properly. Board trustee Lou Pallante, a buildings and grounds committee member, called for a sketch of the proposed rink at the school board meeting, but could have gotten that information if he, or committee members Ralph Mazzuca or Barbara Cicalese, had attended the Council meeting. In fairness to Cicalese, she has been ill and should be commended for attending school board meetings. Attending Council meetings would be asking a lot. That leaves Pallante and Mazzuca. Mazzuca has constantly criticized Second Ward Councilman Joseph Scaperrotta for trumpeting the Councilman's accomplishments in a newsletter, without ever having attended a Council meeting to find out first-hand what Scaperrotta has accomplished.

An excuse can be made by both men that they work hard and can't devote the time to a Council meeting, but I say if you're going to serve Belleville, you need to make the time. Canning, Digori and Scaperrotta have all attended several school board meetings in the past year, with Canning even addressing the board about cooperation. It is time for the school board to reciprocate, and stop allowing worthwhile projects like the rink to be put in jeopardy by a lack of effort...

Montagna ran for, and won, a school board seat on the platform of cutting waste and looking for alternative forms of funding for the schools, and he has, by and large, stuck to those principals, most recently offering a reward for helping detect students illegally attending school and suggesting selling advertising on school buses.

At the most recent school board meeting, however, Montagna displayed a wanton disregard for public safety and a bully's attitude when he tried to reduce the number of snow blowers purchased for use by school custodians. Montagna tried to argue that not all of the district's 16 snow blowers would be used at once, but was rebuffed by School Administrator Edward Appleton. The rest of the school board should be credited for not caving into one of Montagna's power plays (for once). If one child, teacher, parent or administrator were to suffer an injury from falling a snow-slicked sidewalk because of a lack of snow-removal equipment, the few hundred dollars saved could not be justified. I can only hope this is the beginning of a trend by the some of rest of the board to actually begin thinking for themselves, rather than caving into Montagna's bullying, scare tactics...

*If you know of someone, or are yourself responsible for some of the many big or small, important good deeds done everyday and worthy of recognition in this town, let me know, because, as this column states, when it comes to good people, doing good things, that's "Positively Belleville."*



## Of All Things

By Frank Orechio

A feature of the Nutley Sun, Bloomfield Life, Belleville Times and Glen Ridge Voice

### • ESSEX COUNTY Clerk

Patricia McGarry Drake is resuming her old job as an Administrative Clerk which means she will be working for the man who defeated her in the Primary, Democrat Irvington Council President Patrick McNally. Patty McGarry should never have been defeated. In fact, she was very loyal to Essex County Democrat Chairman Tom Giblin who normally has a high regard for loyalty. But in the McGarry case, he made an exception, turned his back on her and gave the nomination to McNally—a sad turn of events since McGarry earned re-election.

### • BLOOMFIELD Mayor

James Norton was sworn in January 1st for a second term. His inaugural address included a paragraph which could well have been omitted. Norton declared "Despite the ongoing efforts of the Council majority and myself to build, to revitalize, a small but vocal minority has made opposition their stock in trade. It's not that these naysayers have a plan...they have no plan. In fact, they seem to have no agenda, and one agenda only: the destruction of this great municipality.

Well, ladies and gentlemen, the results of the November election indicate to me that the people of Bloomfield are more interested in construction than destruction."

That puts a strange twist to democracy in action. What Norton is saying is that he only wants dittoheads and not independent thinkers as members of the Bloomfield Town Council. And then he adds another paragraph about how the results of the November election showed the people of Bloomfield were more interested in "construction than destruction." Well, Norton won by a scant 18 votes despite the fact that he had the Republican line given him by Essex County Republican Chairman John Reana which was worth at least 300 votes. For an incumbent mayor with all the strappings of office, having the advantage of the party line and only winning by 18 votes—there are many viewers of the political scene that interpret the facts as a

real loss of confidence by the people. Norton received approximately 6,000 less votes in his second run for office, hardly something to boast about. On the Democrat side, with all the dirty tricks against Councilman John Stefanelli, he only lost by 8 votes. Passing up the opportunity of a recount, political observers were sure that such a recount would have overturned the results.

• BELLEVILLE'S four incumbent Councilmen, Joseph Scaperrotta, Mayor Jim Messina, William Cook, and Deputy Mayor Thomas Spillane are expected to seek re-election. Also expected is opposition to all of them. The thing we fear most about this election is concern that there may be some last minute dirty tricks. If the predictable occurs, we urge Belleville voters to turn their television sets to OBC-TV Channel 36 for up-to-date reporting on this possibility.

• NUTLEY is scheduled to hold its Commission election May 14th, continuing the practice that commenced in 1932. None of the incumbent commissioners has given any indication of not seeking re-election. However, it is our prediction that one commissioner may decide to retire. The candidate finishing sixth in 1992 was current Town Attorney Garry Furnari. One previous candidate with a large, personal voter-base, who has decided not to run is Nutley Board of Education member Bob Rusinguolo. He will seek re-election to the Board of Education in April. Rusinguolo is expected to seek the board presidency since he has the longest tenure. There are many in Nutley who believe Rusinguolo should have the opportunity.

• WORDS OF WISDOM  
• A man's venom poisons him more than his victim!  
• Doing nothing is the most tiresome job in the world because you can't quit and rest.



Patricia McGarry Drake

• GLEN RIDGE begins the new year with the administration of Tom Lincoln aided by a Council which has proven veterans and promising newcomers. Joining as Council members are David Keir and Steven Plate. They join new Council President Carl Bergmann, Frank Schulte, Bruce Ferguson and Ray Carnivale. Glen Ridge can look forward to another year of traditionally good government.

## Belleville Times

Serving Belleville Since 1909

(USPS 049-220)

Publisher: Belleville Times Inc.

Published Every Thursday  
At 155A Washington Ave.  
Belleville, N.J. 07109

Second Class Postage Paid  
At Kenilworth, N.J.  
Postmaster: Send address changes to:  
The Belleville Times, 155A Washington Ave.,  
Belleville, N.J. 07109

Editor: Richard Dickon  
Copyright 1995, Belleville Times, Inc.

Social Editor: Helen Maguire  
Sports Editor: Michael Lambert  
Advertising: Rene Theodore  
Art Director: Diane Lombardy  
All departments call:  
**759-3200**

Fax: 667-3904

Annual Subscription: \$16.00

Senior Citizens: \$ 8.00



# Events in the area



## Stork Club

### Meetings...

**Belleville Chapter UNICO National**, meeting and celebration of "Little Christmas" (Jan. 6) Jan. 9, Chandelier Restaurant, 340 Franklin Ave., Belleville. Buffet, music for dancing. Bring wrapped gift to be used as "ice breaker." \$22.50. For info, call Dr. Alfano at 429-2818.

**Ladies auxiliary**, Stuart E. Edgar Post 493, VFW, 8 p.m. Jan. 9, post home, 271 Washington Ave., Nutley. Membership open. Write to 376 Chestnut St., Nutley 07110.

**Nutley Chapter AARP**, 1 p.m. Jan. 11, Parks and Rec, 44 Park Ave. Robert Covello will speak on annuities. To join chapter, bring National membership card and \$3 (increase due to insurance coverage).

**Roche Retiree Club**, 1 p.m. Jan. 13, Building 76 auditorium. Video of club activities.

**Tri-County Camera Club**, 8 p.m. Tuesdays, Nutley Historical Museum, 65 Church St. For info, call 667-0325 or 751-6795.

**Catholic Daughters of the Americas, Court Gratia**, 8 p.m. first Monday, St. Mary's School Hall, Msgr. Owens Place, Nutley. Social third Monday.

**Woman's Club of Belleville**, 7:30 p.m. second Mondays, clubhouse, 51 Rossmore Place.

**St. Peter's Rosary Society**, 7:30 p.m. first Monday after first Sunday, St. Peter's School cafeteria. All women of the parish invited.

**Essex County Federation of Sportsmen's Club**, 8:30 p.m. first Tuesdays, Bloomfield Civic Center, 84 Broad St.

**Belleville Kiwanis Club**, 6:30 p.m. Thursdays, Gondola Restaurant, Franklin Ave., Nutley. Call Nino Bucciarelli at 751-2110 or Vince Sorrentino at 759-6475 for info.

**Bloomfield High School Alumni Association**, 7:30 p.m. third Wednesdays, Bloomfield Civic Center, 84 Broad St.

**Bloomfield Kiwanis Club**, noon Thursdays, Bloomfield College Student Center, Liberty St. For information, call Dr. Carl J. Schopfer, M.D., at 743-7777.

**Nutley Amvet Auxiliary Post #30**, 6:30 p.m. first Tuesdays except July and August, Amvet post, 184 Park Ave.

**Montclair Camera Guild**, 8 p.m. second and fourth Thursdays, United Methodist Church, 24 North Fullerton Ave., Montclair. For info, call Joan at 743-7020 or Karen at 783-3619.

**Monday Night Writers**, 8 to 9:30 p.m. second Mondays, Starbucks, 572 Yale Road, Upper Montclair. All writers of poetry, fiction, articles welcome. Share your work with other local artists.

### Fairs, flea markets, rummage...

**Flea market, craft show**, 9 a.m. to 5 p.m. Jan. 14, Belleville High School, 100 Passaic Ave. (off Joramaleon St.). Over 125 vendors. Belleville HS cheerleaders fundraiser.

### Fundraisers...

**Annual spaghetti dinner**, 7:30 p.m. Jan. 12, Nutley Elks, 242 Chestnut St. \$16 includes dessert, beer and soda. Sponsored by Elks auxiliary. For reservations, call Lucille Mulligan at 667-0890, Linda Bruzzi at 235-9096 or Dolores Thibault at 539-7196. Early reservations suggested.

**Half price sale**, Bloomfield Presbyterian Church on the Green Thrift Shop (across from Bloomfield High School). Clothing, household items, books. For info, call 743-1796.

**Weekly luncheon**, 11:30 a.m. to 1 p.m. Fridays, Glen Ridge Congregational Church, 195 Ridgewood Ave. \$6. Open to the public. For reservations, call 743-5596.

**Entertainment '96 discount books**, \$40. Available through Good Shepherd Academy, 667-2049 or 667-5081; American Cancer Society, 736-7770; Belleville Boy Scout Troop #301, 759-3590 after 5 p.m.

**\*42 Dining Out books**, now on sale to benefit Van Riper Trust. Discounts for 42 restaurants in Bloomfield, Montclair, Clifton, Passaic, Meadowlands and more. \$10. To order, call 235-9461.

**Scholarship pecan sale**, Elmira College Club of New Jersey. To purchase shelled pecans, call Lynn Ritchhoff at 748-1546.

### Other events...

**Adult CPR**, two session Heartsaver course, 7 to 9:30 p.m. Jan. 8, 15, Mountainside Hospital, Bay and Highland avenues, Glen Ridge/Montclair.

**Free health screenings**, Montclair Community Hospital, 120 Harrison Ave. Appointments mandatory. Call 744-7300, ext. 4296, 10 a.m. to 2 p.m. Monday through Friday. Volunteers needed for Outreach program. Call Marie Orropolo at 746-4644 after 2:30 p.m. Jan. 20: Skin cancer; Jan. 22: Foot problems; Jan. 27: eye screening.

**Benefit concert for Sons of Italy**, presented by Bloomfield Mandolin Orchestra, 4 p.m. Jan. 21, Our Lady of the Assumption Church, 91-93 St. between Kennedy Blvd. and Avenue C, Bayonne. \$5. Featuring Italian singing-a-long.

**Walking and Fitness Club**, 8 a.m. Tuesdays and Thursdays, rain or shine, Nutley Chapter, American Red Cross. No cost. Call 667-3818.

**Weekly bridge games**, 12 noon, Tuesdays and 7:30 p.m. Fridays, Bloomfield Civic Center, 84 Broad St. No game Nov. 7.

**Widowed Persons Service**, an outreach program in which trained widowed volunteers offer support to newly widowed persons, urgently needs volunteers. No age restriction, free. For info, call Retired and Senior Volunteer Program (RSVP) at 673-0640 or the local AARP representative Mr. Rosenberg at 731-3292.

**Poison hotline: 1-800-POISON-1. 24 hours a day, 7 days a week.**

### Support groups...

**Narcotics Anonymous** meeting list: BELLEVILLE: Monday, 8 p.m., Fewsmith Presbyterian Church, Union Ave. and Little St. Open/book/discussion meeting; Tuesday, 8 p.m., Clara Maass Medical Center, 1 Franklin Ave., Branch Brook Room, Education Center. Men's meeting. Open/discussion; Thursday, 8 p.m., Fewsmith Presbyterian Church, Union Ave. and Little St. Open/topic/discussion meeting; Friday, 8 p.m., St. Peter's Church, rear basement, Williams St. Open/discussion. NUTLEY: Sunday, 7:30 p.m., Franklin Reformed Church, Hillside Crescent. Open/meditation/discussion; Monday, 7:30 p.m., St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place. Closed/speaker/discussion meeting. Open to addicts and those who think they have a problem with drugs; Tuesday, 7:30 p.m., Grace Episcopal Church, 200 Highfield Lane, Women's meeting. Topic meeting/open discussion; Wednesday, 8 p.m., Grace Episcopal Church. Closed/speaker/discussion. Open to addicts and those who think they have a problem with drugs; Friday, 7:45 p.m., Franklin Reformed Church, Hillside Crescent. Women's meeting. Open/discussion.

**Gamblers Anonymous**, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley, 2nd floor. Meetings open to anyone with a gambling problem or those who think they might have a problem. Topic/therapy; 8:30 p.m. Tuesdays, 8:30 p.m. Thursdays, Bethany United Presbyterian Church, 293 West Passaic Ave., Bloomfield. For info on any group, call 1-800-GA-LIVES.

**Gamanon**, to offer hope and understanding to loved ones of compulsive gamblers, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley.

**Alcoholics Anonymous**, 8 p.m. Mondays, St. Mary's Church basement, Msgr. Owens Place, Nutley; 8:30 p.m. Tuesdays, Christ Church, 74 Park Ave., Bloomfield/Glen Ridge (Gay); 9 p.m. Tuesdays, Vincent United Methodist Church, 100 Vincent Place, Nutley (behind public library); Glen Ridge Congregational Church, 195 Ridgewood Ave., Glen Ridge; 7:30 p.m. Wednesdays, 2nd floor, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley; 9 p.m. Fridays, Grace Episcopal Church, 200 Highfield Lane, Nutley; 9 p.m. Saturdays, Christ Church, 74 Park Ave., Bloomfield/Glen Ridge.

**New Jersey Chapter of NAAFA** (National Association to Advance Fat Acceptance), social events, human rights information, monthly newsletter. For more information, call 927-3103.

**Overeaters Anonymous**, self-help group for compulsive overeaters or people with eating disorders, Tuesdays, Presbyterian Church on the Green Parish House, Broad St., Bloomfield (7:30 to 9 p.m.); Wednesdays, Christ Church, Park and Bloomfield avenues (opposite Grand Union), Bloomfield/Glen Ridge (8 p.m.). For more information, call 746-4658; Fridays, Grace Episcopal Church, 200 Highfield Lane, Nutley (7:30 p.m.)

**Bereavement Support Group**, 7:30 p.m. 2nd Monday, Parish Center, St. Mary's Church, 145 St. Mary's Place, Nutley. For more info, call 235-1100.

**Living With Cancer**, for cancer patients and their families, 7 to 8:30 p.m. second and fourth Wednesdays, waiting area of Radiation Oncology Dept., Mountainside Hospital, Glen Ridge/Montclair, 429-6905 or 429-6128.

**Parkinson Support Group**, 10 a.m. third Saturdays, private dining room, Mountainside Hospital, Glen Ridge/Montclair. Exercise and speech therapy groups meet weekly as well as monthly meetings for caregivers. Call 256-1011 for information.

**Arthritis Foundation Support Group**, 7 p.m. Tuesdays, Montclair Community Hospital, 120 Harrison St. For info, call 744-7300, ext. 4312.

**Adult Bereavement Group**, The Hospice, Inc., 3 High St., Glen Ridge. On-going group for caregivers meets twice a month. No charge. For info or to register, call 429-0300.

**Depression/Manic Depression 12 Step Program** support group, Thursdays, 7:30 p.m., St. Luke's Episcopal Church, 73 South Fullerton Ave., Montclair (near Montclair Public Library). Enter in the back of the church and to the right. Meeting is in second floor conference room. For more information, contact Gigi at 751-7873.

**PFLAG**, Northern New Jersey Parents, Families and Friends of Lesbians and Gays, 2:30 p.m. second Sundays, First Trinity and Presbyterian Church, corner of Irvington and South Orange avenues, South Orange. Newcomers: 1:30 p.m. Write: P.O. Box 244, Belleville 07109-0244 or call 267-8414.

**Anorexia nervosa, bulimia, compulsive eating problems**. For free information or referrals, call the New Jersey Eating Disorders Helpline, 1-800-624-2268.

**SHARE**, a support group for learning to accept and resolve pregnancy or infant loss, 7:30 to 9 p.m. first Wednesdays, private dining room, Mountainside Hospital, Glen Ridge/Montclair. No fee. If you plan to attend or for additional info, call Linda LeCompte, R.N., 429-6936.

**Asthma education program for children**, ages 6 through 14, two-part program on second and fourth Wednesdays, 4 to 5:30 p.m., Mountainside Hospital, Glen Ridge/Montclair. \$40 fee includes educational sessions, metered dose inhaler chamber, peak flow meter, diary forms, educational materials. To register or for more info, call Respiratory Care Dept. at 429-6180.

**Essex County Epilepsy Support Group**, 7:30 to 9:30 p.m. first Mondays, Christ Episcopal Church, 74 Park Ave., Glen Ridge. For more info, call Barbara at 589-8234, Rich at (908) 769-6897, Isabel at 429-8168 or Una at 744-8944.

**American Cancer Society** support group dealing with stress reduction and guided imagery and relaxation through music, 1:30 p.m. Fridays, 428 Franklin Ave., Nutley. Open to the community. For info, call 667-1613 or Manny Pena-Pena at 736-7770.

**Northern N.J. Amyotrophic Lateral Sclerosis (ALS)**, 6 to 8 p.m. first Thursdays, Kessler Institute for Rehabilitation, Pleasant Valley Way, West Orange. For ALS (Lou Gehrig's Disease) patients, families, friends. For info, call 731-3900, ext. 2372.

**Parents Anonymous**, hope when being a parent gets tough. Anonymous

### Jessica Judith Sobanko

A first child, a daughter, Jessica Judith, was born to Richard Sobanko and Melissa Puzifera of Belleville Sept. 12 at Clara Maass Medical Center. Birth weight was 7 pounds, 3 ounces.

Mrs. Pusifera is a waitress. Mr. Sobanko is a technician. Grandparents are Linda and John Panico and Judy and Ray Sobanko, all of Belleville.

### Steven Guy DiModica

A first child, a son, Steven Guy, was born to Mr. and Mrs. Robert DiModica of Belleville Dec. 13 at Clara Maass Medical Center, Belleville. Birth weight was 8 pounds, 15 ounces.

Mrs. DiModica is the former Christine McGown, daughter of Robert and Francine McGown of Belleville. Mr. DiModica, son of Gloria DiModica of Belleville, is with Hoffmann La Roche and United Parcel Service.

### Joshua Harrison Wolfe

A first child, a son, Joshua Harrison, was born to Mr. and Mrs. Jeff Wolfe of Nutley Dec. 15 at Clara Maass Medical Center, Belleville. Birth weight was 6 pounds, 12 ounces.

Mrs. Wolfe is the former Janis Falk, daughter of Leonore and Ed Falk of Nutley. She is counsel for Small Business Administration, Newark. Mr. Wolfe, son of Roy Wolfe of Del Ray Beach, Florida and Althea Kearns of Allentown, Pennsylvania, is director of information services with Saffilo U.S.A., Fairfield.

### Michael Robert DiEdwardo

A third child, a son, Michael Robert, was born to Mr. and Mrs. Marc DiEdwardo of Cedar Grove Dec. 14 at Clara Maass Medical Center, Belleville. Birth weight was 8 pounds, 12 ounces. He joins Alyssa, four and Megan, three.

Mrs. DiEdwardo is the former Denise Heitinger, daughter of Louise and George Heitinger of Nutley. Mr. DiEdwardo, son of Bruno and Sara DiEdwardo of Nutley, is a systems programmer with Citibank.

A GENTLE GIANT, Zeus is a beautiful black and tan, one-and-a-half-year-old Doberman Pinscher. He is calm, friendly, anxious to please, neutered, housebroken and obedience trained. Found in the streets, malnourished and frightened, Zeus is now in great shape, waiting for the perfect home. See Zeus and other dogs and cats Saturday, Jan. 6, 11 a.m. to 3 p.m. at the Pet's Mart store, Route 22 East at West End Ave., North Plainfield. A special "cats only" adoption event will be held Friday, Jan. 5, 6 to 9 p.m. at Pet's Mart. Update: Cleo and Chopper are still waiting for homes.



free, confidentiality respected. For info, referral or just to talk, help available 24 hours a day. Call 1-800-843-5437.

**MOMS Club of Belleville/North Arlington** (Moms Offering Moms Support) includes monthly meeting, park play days, mom's night out. For info, call 991-8582.

**Lupus Foundation, Essex County branch**, 7:30 p.m. second Tuesdays, Bloomfield Civic Center, 84 Broad St. For info, call 791-7868.

**Alzheimer's Support Group**, 7 p.m. first Thursdays, Adult Medical Day Care, Continuing Care Center building, Clara Maass Medical Center, Belleville. Concurrent activities program for those with Alzheimer's to alleviate caregiving responsibilities. For info and registration, call 450-2941 or 450-2213 OR 2 p.m. fourth Thursdays, Meadowlands Hospital Medical Center, Secaucus. For info and registration, call 392-3206 10 a.m. to 4 p.m. Mondays through Fridays.

**Rainbows For All Children**, a peer support program for children and teens grieving from divorce, death, separation or abandonment and living in single-parent or stepfamily homes. For info, call 783-5469.

**New Beginnings**, a support group for breast cancer patients, 7 to 8:30 p.m. second Tuesdays after that, Essex Oncology Group, 36 Newark Ave., Suite 304, Belleville. To register, call Denise Johnstone at 751-5757. Co-sponsored by American Cancer Society.

**FEMALE** (Formerly Employed Mothers after the Leading Edge). Call 748-9135 or 748-2458 for directions and more information.

**Friends for Life**, for oncology patients, family and friends, 6:30 p.m. first and third Wednesdays, Branch Brook room, Clara Maass Medical Center, Belleville. For info, call Ann Shaffie or Donna Rainone at 450-2210.

**Life After Loss**, a support group for those in mourning, 7 to 8:30 p.m. Wednesdays, Essex Oncology Group, 36 Newark Ave., Suite 304, Belleville. Sponsored in conjunction with American Cancer Society, Essex Unit. To register, call Denise Johnstone at 751-5757.

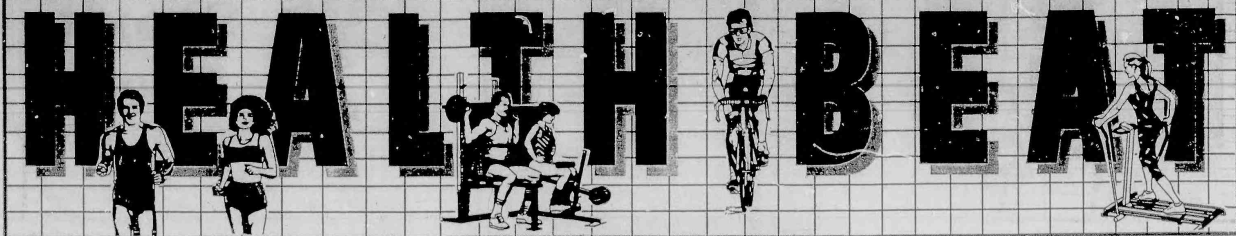
**Parents who have lost a child**, 7:30 to 9 p.m. Mondays, The Hospice, Inc., 3 High St., Glen Ridge. To register, call 429-0300. Also forming, parent/children's and adult bereavement groups. No charge.

**Panic and anxiety**, 7:30 to 8:30 p.m. Tuesdays, Nutley location. Call Judy at Panic Relief, Inc., (908) 937-4832 for info.

### Class reunions...

**Ferris High School, Jersey City**, Class of 1946. Andrew Canacosi, 19 Wesley St., Monmouth Beach, NJ 07750.

News from this column should be mailed to Orechio Publications, 806 Bloomfield Ave., Nutley, NJ 07110. All events in the Area, Sorry, no items can be taken over the phone. Coverage limited primarily to Belleville, Bloomfield, Glen Ridge and Nutley. Other towns included only if space permits. No charge. Deadline: 3 p.m. Friday before publication. Questions? Call Helen Mangrove at 667-2194.



## Pointers For Parents

### Parents and Stress

(NAPS)—Causes of stress in the family range from a poor understanding of children to the myth of a perfect family. Helping to pinpoint these causes and identify solutions can help families stay healthier and happier.

Coping with stress is one of the most important issues a parent must deal with. It starts by learning to manage anger and frustration.

- Recognize your feelings. Anger and frustration are nothing to be ashamed of.
- Find out what causes anger and frustration.
- Find an appropriate outlet for frustration.
- Communicate feelings in a positive way.

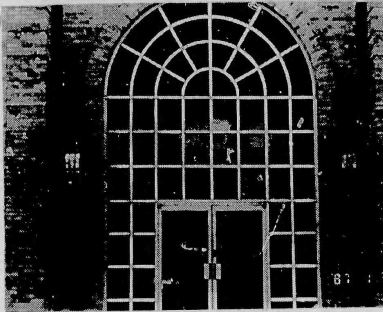
• Get help, if necessary.  
• Above all, be patient.  
Then locate sources of support. Don't underestimate the importance of family and friends. Take advantage of services that can

help your family in your community. Ultimately, it helps to learn more about parenting through



Parenting and stress: It's a subject we can all learn more about.

such avenues as self-help books and parenting workshops.



The Magnetic Resonance Center is located at 410 Centre Street for quick and efficient MRI's. (Photo by Kelly Tahaney)

## MRI's save time, money and lives

By Kelly Tahaney

For high technology in cat scans, x-rays, MRI's, ultra sound mammography and nuclear medicine, one can't get better treatment than Magnetic Resonance of New Jersey.

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"This faster scan especially helps claustrophobic patients," the doctor added.

For tumors, Dr. Traflet said that their Magnetic Resonance Imaging (MRI) test finds tumors the size of the head of a pin.

For back pain, a CT (computerized tomography) scan can miss 50% of the herniated disc cases while a MRI finds almost all of them.

Slipped discs are not visible on x-rays but, if your doctor orders a

cat scan or x-ray the equipment at MRNJ minimizes radiation done.

**Why should patients have an MRI?** "An MRI exam is the most accurate means of evaluating most causes of neck pain, low back pain, headaches, torn cartilage in the knee and rotator cuff pathology in the shoulder," Dr. Traflet continued.

"It also useful for evaluation of tumors of the chest, abdomen and extremities," he said.

**Aren't MRI's expensive and dangerous?** "MRNJ participate with a variety of HMO and PPO plans," Traflet said. "Usually the cost of an MRI saves money by establishing a firm diagnosis in the most expedient manner. Early detection can save time, money and even lives," Traflet said.

Dr. Traflet is a board certified radiologist and he or another radiologist, is always on hand to discuss and go over test results with his patients.

Come to MRNJ at 410 Centre Street, Nutley, NJ and experience a quick and efficient exam. Call 661-2000 for an appointment.

## Two Treatments for Migraines: Medication and Avoidance

(NU) - Migraine headaches, named for the Greek word migraine, meaning half of the skull, are often confined to one side of the head. Early symptoms, such as flashing lights or flickering vision, typically occur in classic migraines; as the attack progresses, these symptoms become constant.

### Treatments

In a migraine headache, blood vessels in the brain constrict at first; when they later expand, it causes severe pain. Scientists do not know why the blood vessels contract and expand, but they do agree on two types of treatment, according to NARD, the national association representing independent pharmacy.

One treatment results from identifying and minimizing factors that cause migraines. For instance, food preservatives and flavorings, chocolate, and red wine may trigger headaches in some people. Birth control pills and the change in hormones at the time of menstruation can also play a role.

Emotional factors such as stress can trigger blood vessel constriction and expansion, as can environmental factors such as temperature extremes, cigarette smoke, perfume, glaring light and sudden barometric pressure changes.

The other type of treatment is drug therapy. NARD stresses the impor-

tance of asking your family pharmacist about your medication, particularly about possible side effects or drug interactions with drugs you are already taking. Here are some types of migraine fighters:

• Ergot Alkaloids: These drugs prevent blood vessels from expanding, and may help more during the headache's early stages. They must be taken in precise amounts at the right time, and should be used only under the watchful eye of a physician.

• Antidepressants: Although these can reduce the incidence of migraines in patients who do not suffer from depression, the medicines are not right for everyone.

• Beta-blockers: Widely used in headache treatment programs, beta-blockers cause few side effects compared to other treatments.

A new prescription treatment has just become available. It comes in a self-injection administration kit containing syringes and an injector. Check with your physician to see if this treatment is right for you.

It's important to find a physician who will spend enough time to determine the probable cause of your migraines and the best treatments. For a list of physicians who specialize in migraines, write to the National Migraine Foundation, Dept. NU, 4214 N. Western Ave., Chicago, IL 60625.

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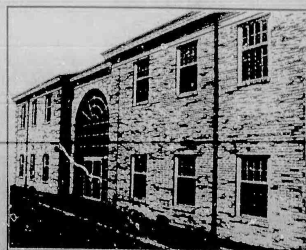
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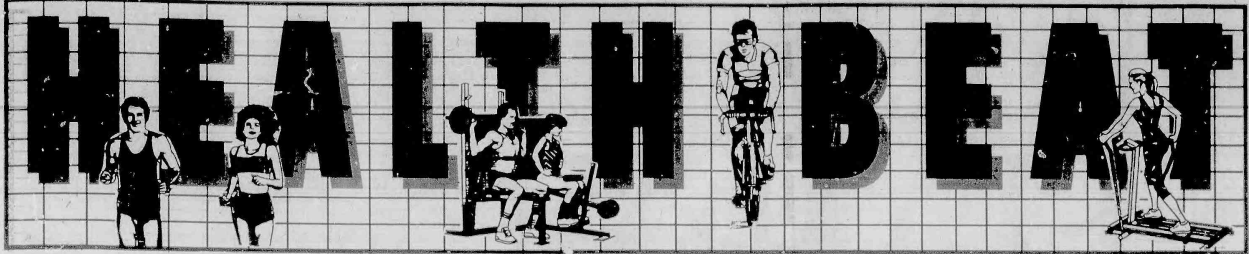
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**Doctor Urges Caution in Self-Diagnosing Heartburn**

(DM)—A collective sigh of relief could be heard across America this summer when two widely prescribed heartburn medications — Pepcid AC® (famotidine, Johnson & Johnson\*Merck) and Tagamet® HB™ (cimetidine, SmithKline Beecham Consumer Healthcare) — were switched to over-the-counter status.



If heartburn occurs 2 or more times a week consult your doctor.

For the millions of Americans who do battle against the pain and discomfort of heartburn, the ready availability of these drugs, which help block stomach acid, is welcome. People who experience heartburn only occasionally (and particularly when that heartburn is brought on by an especially heavy or spicy meal), may find these pills to be far more effective than antacids, says James Freston, M.D., Chairman, Department of Medicine, University of Connecticut School of Medicine.

While Dr. Freston welcomes the over-the-counter status of these demonstrably safe medications, he urges caution in self-diagnosing simple heartburn. "Many cases of heartburn are more serious than even the burning chest pain might indicate," says Dr. Freston. "Heartburn also happens to be the most common symptom of erosive esophagitis, a disease that can produce lesions and even bleeding in the esophagus."

Prolonged use of over-the-counter drugs may relieve the heartburn but, at the same time, mask the symptoms of this more serious disorder. Erosive esophagitis can eventually lead to difficulty in swallowing.

Like ordinary heartburn, erosive esophagitis is caused by the produc-

tion of stomach acid backing up into the esophagus. But unlike ordinary heartburn, this disease frequently needs to be treated with prescription acid-blocking medications. For example, a type of medication known as proton pump inhibitors actually blocks the final step in acid production. Drugs like this, of which PREVACID® (lansoprazole, TAP Pharmaceuticals Inc.) is the newest available, permit the esophagus to heal, while also relieving the heartburn.

"According to Dr. Freston, there are two good clues as to whether you have ordinary heartburn or erosive esophagitis: 1. Does your heartburn occur more often than once or twice a week? 2. When you take an over-the-counter medication, does the heartburn return within a few hours? If you answered yes to either of these questions, you should see a doctor to determine the cause of your heartburn and the best treatment for you.

**Nutrition On-line**

By Michael A. DeAngelis

A feature of The Nutley Sun, Belleville Times, Bloomfield Life and Glen Ridge Voice

I hope your new year celebration was a festive one. Most people celebrate the close of the old year and advent of the new year by drinking beverages of the alcoholic persuasion.

The Dietary Guidelines, in their attempt to not deprive people of foods that they enjoy, have recommended that if you chose to drink alcoholic beverages to do so in moderation. Moderation has been interpreted as 2 to 3 drinks keeping in mind that 4 drinks constitutes legal intoxication (.10% blood alcohol).

Alcohol is a concern because it has a direct and relatively quick detrimental effect on the human body.

First of all, alcohol has 7 calories per gram and this does not account for the sugar or barely calories in certain beverages. As a result, weight gain is associated with high consumption of alcohol.

Alcohol also takes precedence in metabolism over other nutrients leading to deficiencies and other problems.

One night of drinking will cause the liver to become fatty and if this occurs excessively the liver can develop cirrhosis. The risk for cirrhosis increases after

men consume 3 drinks and women consume just 2 drinks.

Fat is more highly synthesized by the body when alcohol is consumed. However, 1 to 2 drinks of alcohol a day may be beneficial for the heart.

If you chose to drink here are a few tips to cause less detriment to your health:

\* Don't drink carbonated alcoholic beverages since carbonation speeds absorption.

\* Eat a high carbohydrate food like pretzels; this slows absorption of alcohol.

\* Drink water and other fluids. This will prevent dehydration since alcohol is a diuretic. Dehydration is one condition that causes a hangover.

\* Avoid mixed drinks since these add calories from sugar and possibly fat.

\* Instead of alcoholic beverages, try non-alcoholic wines and beers and instead of champagne try sparkling grape juice, apple cider, or even a pale dry ginger ale.

The next time you celebrate and chose to drink alcohol, keep these tips in mind and you will be sure to have a happy and safe new year!

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out or is indulging in one of the beauty services, supervised child care is available at a nominal fee. Children's Kid Fit incorporates children's birthday parties. Let our party expert, Lisa, help you decide on a theme for your child's next birthday."

December events include collecting new toys for "TOYS FOR TOTS" sponsored by the U.S. MARINE CORPS. Lunch with Santa will start the children off in the Christmas Spirit. Getting Fit With Your Pet, team pet walk, is the goal this month at Brookdale Park. Get lean by earning green with the Spa Buck giveaway. The more you earn by working out, the more chances of bidding on great prizes, including a 19" color TV and a 10-speed mountain bike.

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# Belleville SPORTS

## BUC SHOTS

By Mike Lamberti



### Shades of Apicella, Dina De and Loreli

You can call it the "glory years" of Lady Buc basketball. It was 1980 through 1984, and during that time, the program put together a record of 74-27. There was an NNJL championship, a trip to the county and state sectional finals, big crowds at home games and a certain intensity that is hard to explain. You had to be there, and if you were, then you remember the excitement that those four years produced.

It's hard to believe that Jennifer Apicella, Dina DeAquino, Loreli Wells and Tracy Buono, among others, have been graduated from Belleville High School in excess of ten years. But time has gone by.

Apicella used to fill the gym because of her marvelous scoring abilities. She tallied over 3,000 points in a four year career. She held the state scoring record for nine years. When her record was broken, it was by a talented player who had played more varsity games than she and also had the benefit of the three point basket. Had the three point shot been in effect when Apicella played, she would have scored over 3,300 points.

DeAquino had a wonderful perimeter shot and Wells played some of the best defense you'll ever see on the high school level. Buono, who began playing varsity basketball in her junior year, was a natural athlete who was most effective in the crunch time stages of games.

Since 1984, the fates and fortunes of the Lady Buc basketball program have been in a slow rebuilding process. Karen Fucello, who started the girls' basketball program in the early 1970's at Belleville High School, won over 200 games on the varsity level before giving up the reins following the 1991-92 campaign. She struggled through some tough years following the 22-7 record in the '83-84 season.

There were two good years in the late 1980's. The '87-88 team won 15 games and Simone Edwards broke the 1,000 point scoring mark in her junior year. The following year, the team posted a 13-12 mark. Laurie Dondarski also eclipsed the 1,000 point mark that year.

Lean times would follow in the early 1990's. Fucello would step down mainly because of new duties as Athletic Director at Belleville High School.

She would turn the reins over to Cheryl Marion, a key utility player on some of those great teams in the early 1980's. Marion, a 1985 graduate of Belleville High School, is best remembered in her playing days as hitting one of the biggest baskets in the history of the Belleville girls' basketball program.

It was in February of 1984, Belleville was playing host to Irvington in the semi finals of the Essex County tournament. The game was tied at 54 with ten seconds left in regulation time. Marion would hit a 15 foot jump shot that propelled Belleville into the county finals and set off a euphoric celebration at mid court.

Marion is very familiar with the tradition that surrounds the girls' basketball program at Belleville High School.

Now in her fourth year, she is making serious strides in taking this program into the next level of success.

Following a disappointing season last year, Marion challenged her team to respond and start playing with a more intense effort. It's a young team this year, with just one starting senior. It's a group of players that have been together for three years now, and this season is key to determining whether the program is indeed making considerable strides in a positive direction.

The early signs are certainly good. The Lady Bucs are off to a 4-1 start, highlighted by winning the Tri County Holiday tournament last week.

The team did it with a good defensive effort and the ability to put the game away in the fourth quarter. Belleville beat two good teams in Kearny and Plainfield to win the tourney.

"The kids are playing well," Marion said. "They're having fun, they enjoy practicing together. It's a good sign."

Dilma Hernandez, a junior, has been a tremendous early season story. She has averaged nearly 20 points a game, and has been very effective on the boards. Last season, she was the sixth man on the team. This year, she's an integral part of the early season success.

Juniors Chrissie Scassera and Deanna Addis give Belleville a very formidable front line. The two have shown marked improvement in their mental approach to the game. They have marvelous athletic ability and this year, it's beginning to become evident that the two are ready to compete at a high varsity level.

Sophomore Kim Mahoney might be one of the best all around athletes that Belleville High School has seen in many years. Mahoney, who started last year as a freshman, can take a game over by herself with her speed and excellent shooting ability.

No team is effective without a leader, and this year, it's senior point guard Marie Acuna. She has played four years of varsity basketball and has endured the ups and downs that a young team will deal with in trying to establish a winning program.

Acuna, the quarterback of the offense, is the perfect person to lead a young team. She's quiet, somewhat unassuming, but very intense on the floor.

Young players such as Kolleen Myers, Joel DellaVolpe and Addy Parra give the Lady Bucs some much needed depth off the bench.

Marion was a part of the winning tradition that Belleville girls' basketball has produced in the past. Her assistant coach is Edwards, the second leading scorer in Lady Buc basketball history and, as mentioned, someone who was a part of some winning teams in the last 1980's.

So the pieces appear to be in place for a run at not only a winning season, but perhaps the NNJL crown and maybe a few wins in the county tournament.

Let's hope the recent holiday championship is that springboard to success.

## Conte & Paladino win holiday mat titles

By Dennis Wilson, Jr.

Although the Belleville varsity wrestling team is undergoing a year of rebuilding, the Bucs sent five grapplers into the championship round of the Bloomfield Holiday Wrestling Tournament this past Saturday.

Anthony Conte and Dave Paladino each garnered titles, and Lawrence Martin, and Chris and Frank Zarro each registered runner up honors. As a team, Belleville tallied 136 1/2 points, which placed the Bucs in fifth place out of the eight team field.

Nutley earned the Bloomfield holiday team title with 182 points, while Bloomfield came in second place with 170 points and West Essex recorded 160 points for a third place finish.

Conte started the championship round rolling with a spectacular victory in the 103 pound match over Rami Rattel of Bloomfield.

Conte and Rattel renewed a rivalry that began last year, in the championship bout. Conte bested Rattel in the Region IV finals after Rattel defeated Conte for Essex County championship last winter.

The match began with both wrestlers shooting and countering, but Rattel scored the first points of the match with a takedown off a Conte shot. Conte wormed free of Rattel's grasp with 47 seconds remaining in the first period, and the two grapplers exchanged shots and counters as the first period ended with Rattel ahead, 2-1.

Rattel then won the toss and differed, as Conte chose the defensive position. At the 1:33 mark of the second period, Conte escaped from Rattel to knot the score at 2-2, but with under a minute to go in the

period, Rattel once again recorded a takedown and rode Conte to end the second period with a 4-2 advantage.

The third period began with both wrestlers squaring off in the neutral position, and Conte locked the score at 4-4 with a takedown on a deep single leg at 1:47. With 1:13 to go in the match, Conte turned Rattel and exposed the Bloomfield wrestler's back for three near fall points.

Twenty seconds later, Rattel escaped, but Conte led by a score of 7-5. A few moments later, Rattel scored another takedown and the match was once again in deadlock, at 7-7.

With 30 seconds remaining in the match, Conte escaped and held an 8-7 advantage, which he maintained until time expired in the match.

Conte was the tournaments top seed at 103 pounds and opened the tourney with a bye. He decked David Levinson of Livingston in 1:57 to advance into the finals at 145 pounds.

Paladino cruised to the 145 pound championship, by scoring a fall in each of his three matches. Paladino, the tournaments number one seed, faced Dominic Napoli of West Essex for the second time this season, in the finals.

It did not take Paladino long to establish control of the match, as the senior captain took Napoli down at 1:40 of the first period and then scored two near fall points at 1:21, for a 4-0 lead.

Paladino increased his advantage to 6-0 at the halfway mark of the opening period with two more back points. With 33 seconds remaining on the clock, Paladino



ON HIS WAY...Anthony Conte is on his way to another fine season. The sophomore defeated rival Bloomfield grappler Rami Rattel in overtime for the holiday tourney title (Photo by Jerry Mattia).

ended the match by decking Napoli with a headlock to register the championship with a pin.

Paladino advanced into the finals by pinning Caldwell's Camen Del Guercio at 3:04 in the opening round, and then packed Shane Bernstein of Livingston at 4:38 in the semifinal round.

In the 112 pound final, Martin fell to Dante Cifelli of Nutley in overtime, 3-1.

Martin was seeded number one in the tournament and opened with a bye. In the semifinal round, Martin pressed Andrew Schmitt of Cranford tall to the mat at 4:32 in order to advance into the finals.

In the 135 pound championship match, Frank Zarro jumped out to an overwhelming lead, but Marcello Capra of Nutley fought back, sent the match into overtime and pulled out the win.

Zarro opened the tournament by pinning Guenther Hemmer of Caldwell at 1:29. Zarro then upset seeded Steve Crocely of Cranford, with an 18-2 technical fall at 3:02 in the semifinal round.

Chris Zarro challenged Chris LaForgia of West Essex, the tournaments top seed, in the championship match of the 171 pound weight class. Zarro opened the match, scoring a takedown at 1:22, after both wrestlers exchanged takedown attempts. The period ended in Zarro's favor, 2-0.

At the conclusion of the match, Zarro fell to LaForgia by a score of 9-6.

Zarro earned his first victory of the tournament with a fall at 1:10 over Anthony DeCorso of Bloomfield. In the semifinal match, Zarro decked Nick Contorso of Nutley in the first period at 1:20.

## Hernandez paces Lady Bucs to Tri-county title

By Mike Lamberti

Momentum should be at a peak level for the Lady Buc basketball team heading into January following the teams recent championship at the Tri County Holiday tournament.

Cheryl Marion's team stepped Kearny 60-51 and Plainfield, 41-32 in the tournament last week, taking home the trophy for the first time in ten years.

Prior to winning the Tri County, Belleville won its first game in NNJL Pacific Division play, beating Hackensack 56-45.

Thus, the Lady Bucs were 4-1 heading into this weeks action. Belleville has an extended home stand in line, starting this afternoon when Paramus visits, beginning at 4 p.m. Tomorrow, Immaculate Heart is in town, also at 4 p.m.

Next Tuesday, a key game with Nutley is on tap at Belleville. Once again, tip off time is 4 p.m.

Needless to say, Marion was thrilled with the win over Plainfield which gave Belleville the holiday championship.

"The kids played well. It was a team effort," the coach said. "We knew that Plainfield had two players who were capable of scoring with consistency. After we beat Kearny, most of the kids watched Plainfield play in the second game of the tournament (against Clifton) and we got an idea of the type of defense needed to beat them."

Marion noted that one year has made a big difference in her teams mental approach.

"Last year, we were intimidated when we played them," Marion said of Plainfield. "This year, we were loose and knew what had to be done."

Belleville played a stifling defense, keeping a potent Plainfield team in double digits from the second quarter on.

Belleville led 17-12 after one quarter and 28-17 at halftime. Plainfield narrowed the deficit to 32-23 after three, but the Lady Bucs kept their opponent at bay the remainder of the season and won by nine points.

Dilma Hernandez was once

again a major offensive force. The junior forward scored 17 points to lead the Belleville attack. Deanna Addis scored 14, Kim Mahoney finished with four and Marie Acuna and Chrissie Scassera scored three points each.

"Dilma's been playing very well," Marion said of Hernandez. "She put in a lot of work during the summer and it's noticeable in her performance. She's playing well on the boards and scoring key points."

Most importantly, Marion noted the team is playing with a great deal of selfishness.

"When I told Dilma how many points she scored in the Hackensack game (22 points to lead all scorers), she was surprised," Marion said. "The first thing she said was that her teammates got the ball to her. It's that type of team. The kids are

having fun. It's a good sign."

In order to get to the finals, Belleville needed to beat a tough Kearny team in the first round of the tournament.

It wasn't easy, but the Lady Bucs won a game it certainly would have lost last year.

Belleville led 16-12 after one quarter and 29-28 at halftime. It was 41-38 after three, but the best part of this game was that in the fourth quarter, the Lady Bucs outscored Kearny 19-14 and won the by game nine points.

Hernandez led all scorers once again, this time with 22 points. Mahoney finished with 16, Scassera tallied ten and Acuna and Addis had six points each.

Hernandez' scoring prowess continued in the victory over Hackensack on December 22.

It was once again a workmanlike

effort for Belleville, which led 18-9 after one and 32-18 by halftime. Hackensack cut the lead to 43-33 after three, but the Lady Bucs put the game away in the final frame, winning the contest by 11 points.

Hernandez paced Belleville with 22 points. Acuna tallied 13, Mahoney scored ten, Addis finished with six Scassera scored three and Kolleen Myers closed out Belleville's scoring with two points.

"This is a big week," Marion said. "We've got three tough league games at our place. Immaculate Heart and Nutley will especially be good tests for us. We haven't beaten those teams in the past few years. This is a good time to play them."

"We're home, playing with some confidence and hopefully, we'll be able to carry that momentum into the league schedule."

## Bucs win first hoop game since 1994

By Mike Lamberti

The streak is now over, but the drive to win is just beginning.

Don Roll's Bucs won its first basketball game since February of 1994, beating Kearny 45-42 in the first round of the Tri County Holiday tournament.

The Bucs were stopped the next night, however, by Hudson Catholic 46-39 in the title game. That loss was particularly tough because the Bucs held a seven point lead midway through the fourth quarter.

Belleville took a 1-3 record into a game with Paramus yesterday. Next Tuesday, the Bucs play at Nutley, beginning at 4 p.m.

Roll was pleased with the hard fought victory over Kearny, but very disenchanted with the loss to Hudson Catholic.

"We had the game in hand, but we didn't want to take it," Roll said. "We couldn't find someone who wanted the ball in crunch time. We made too many turnovers. We had a seven point lead in the fourth quarter and ended up losing by seven."

The Bucs rallied 14-8 after one quarter, but trailed to take a 22-19 lead at intermission.

The Bucs increased the lead 30-34-29 after three quarters and appeared to be in good shape midway through the fourth quarter.

But Hudson Catholic, who has done very well in this tourney during the 90's, outscored the Bucs 17-5 in the last eight minutes of play to win the game, 46-39.

Dan Montalvo led the Bucs with 11 hard earned points. Tom Dyer had ten, Rob Sanzone and Ernie Sicari scored six each. Raheem Jones scored four and Dave Fatone finished with two.

The Bucs put themselves into position to win the tournament by beating a good Kearny team, 45-42 in the first round of the tournament.

"It was a good effort by our kids," said an emotionally drained Roll. "Kearny has a good team and we felt a win against them would do a lot for our program. It wasn't easy. Danny (Montalvo) was tremendous. He shot the ball very well and made good decisions."

Kearny jumped out to a 13-9 first quarter lead and extended the lead to 25-19 by intermission.

The Bucs came back in the third quarter, cutting the lead to 34-32

heading into the final frame.

There, the Bucs broke through, outscoring Kearny 13-8 and winning by three points. The victory broke a 22 game losing streak for the Bucs, dating back 20 months.

Montalvo scored 18 points to lead the Bucs. Dyer scored ten, Sicari finished with six, Lou Pallante scored five, Jones tallied four and Sanzone closed with two points.

"It was great to get a win," Roll said. "But we have to build on this. We were hoping to win the tournament and get momentum heading into our league schedule. We're 1-3 and could easily be 2-2, maybe even 3-1."

NOTES: Roll fell his team could be competitive against Paramus and Nutley.

"They're good teams," the coach said. "But we have the ability to play them tough. These are two good games which will show how far this team has come."

Bucs last played in the Tri County Holiday finals in 1992, losing to Hudson Catholic in the finals.

Bucs game at Don Dixon will be played on Saturday, January 14, beginning at 7 p.m.

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# Florence Zimmer, 92

A Mass for Florence Zimmer, 92, of Belleville was offered Tuesday in St. Peter's Church, Belleville, following the funeral from the Kiernan Funeral Home, Belleville.

Mr. Zimmer, who died Dec. 29 in the Berkeley Hall Nursing Home, was a former member of the

Belleville Senior Citizens. Born in Newark, she lived in Belleville for 55 years.

Surviving are a son, Charles; two daughters, Rita and Florence Flynn; a sister, Mildred Holder; nine grandchildren and seven great-grandchildren.

# Norman Myers, 80

Services for Norman Myers, 80, of Passaic Park were held Saturday in the Biondi Funeral Home of Nutley.

Mr. Myers, who died Dec. 27 in his home, was an auto salesman for Penn Jersey Auto Sales, Elizabeth, before retiring 20 years ago.

He was a member of the Belleville Senior Citizens. Born in Brooklyn, he lived in Belleville before moving to Passaic Park six years ago.

Surviving are a daughter, Marilyn Perelli; three grandchildren and six great-grandchildren.

# Obituaries

## Margaret Bradley, 71

Margaret Bradley, 71, of Belleville died Dec. 27 in her home.

A Mass was offered Friday in St. Peter's Church, Belleville. The funeral was from the Kiernan Funeral Home, Belleville.

Mrs. Bradley was an accounting assistant for 27 years with Bamberger's, Newark, before retiring

in 1987. She had been a volunteer with the CYO at St. Peter's Church.

Born in New York City, she lived in East Orange before moving to Belleville 35 years ago.

Surviving are two daughters, Peg Ricca and Deborah Leto; a son, William Jr., and three grandchildren.

## Florence Porcello, 66

A Mass for Florence Porcello, 66, of Belleville was offered yesterday in St. Peter's Church, Belleville, following the funeral from the Spatola Funeral Home, Newark.

Mrs. Porcello died Dec. 31 in Clara Maass Medical Center, Belleville.

She was a book assembler with the Associated Book Co.,

Bloomfield, before retiring 20 years ago. Mrs. Porcello was a member of the Belleville Senior Citizens in Belleville 37 years.

Born in Newark, she lived in Belleville 37 years.

Surviving are a son, Alfonso; a daughter, Florence; two brothers, Michael and Joseph Scrimo, and two grandchildren.

## John Picone, 84

John Picone, 84, of Belleville died Dec. 30 in Clara Maass Medical Center, Belleville.

A Mass was offered Tuesday in St. Anthony's Church, Belleville, following the funeral from the Zarro Funeral Home, Bloomfield.

Mr. Picone worked for the Evergreen Construction Co., East Orange, for many years before retiring 19 years ago.

Mr. Picone was an associate

member of the American Legion Post 299, Belleville.

Born in Bloomfield, he lived in Belleville for 50 years.

Surviving are his wife, Anna; a daughter, Maria Capra; four sisters, Gemma Darpino, Lillian Mulgrew, Angelina Pulco and Eleanor Codella; a brother, Alexander; three grandchildren and a great-grandchild.

## Donald Richards, 75

A memorial service for Donald H. Richards, 75, of Angier, N.C. will be held on Jan. 15, in Restland Memorial Park, East Hanover.

Mr. Richards, who died Dec. 25 in his home, was president of the Abbey Hart Co., a distributor of building materials of Verona, before retiring in the mid-1980's.

He served in the Army Air Corps during World War II.

Mr. Richards was secretary for

many years of the Elks Lodge 2006, Cranford, and a member of the National Association of Brick Distributors and the New Jersey Lumberman's Association.

Born in New York City, he lived in Belleville and Westfield before moving to Angier.

Surviving are his wife, Dorothy; two sons, Jeffrey and Jerry; a sister, Dorothy, and three grandchildren.

## Celia Gottfried, 77

A Mass for Celia Gottfried, 77, of Belleville was offered Tuesday in St. Peter's Church, Belleville, following the funeral from the Mulligan Funeral Home, Harrison.

Mrs. Gottfried died Dec. 29 in the home of her nephew, Jerome Gibbons, in Belleville.

She worked for the Westinghouse Corp.

Born in Miners Mills, Pa., she lived in Newark and in Kearny before moving to Belleville.

Also surviving is a sister, Anna Kenney.

## Grace Cerami, 76

A Mass for Grace Rose Cerami, 76, of Belleville was offered Dec. 29 in Holy Family Church, Nutley, following the funeral from the Biondi Funeral Home of Nutley.

Mrs. Cerami died Dec. 23 in St. Barnabas Medical Center, Livingston.

Born in Newark, she moved to Belleville in 1953.

Surviving are a son, Charles; three daughters, Carol Zurichin, Lisa Guerriero and Denise DeVito; two brothers, Frederick and

William Auliso; a sister, Shirley Schanbacher, and 10 grandchildren.

## Josephine Petrucci, 88

A Mass for Josephine Petrucci, 88, of Bloomfield was offered Tuesday in St. Anthony's Church, Belleville. The funeral was from the Zarro Funeral Home, Bloomfield.

Mrs. Petrucci, who died Dec. 28 in Mountainside Hospital, Glen Ridge, worked many years for the Prince Matchabelli Perfume Co., Bloomfield for many years, retiring

in 1968.

Born in Newark, she lived in Belleville before moving to Bloomfield 51 years ago.

Surviving are two sons, Frank and Gerard; two daughters, Dolores Mondo and Florina Matthews; a brother, Rocco Nicoletti; a sister, Mary Policastro; eight grandchildren and 11 great-grandchildren.

## Joseph Conforti, 39

Joseph P. Conforti, 39, of Union died Dec. 28 in Union Hospital.

A Mass was offered Saturday in St. Rose of Lima Church, East Hanover, after the funeral from the Galante Funeral Home, Union.

Mr. Conforti was the owner of

Scotts Lawn Service in Union. Born in Belleville, he lived in Newark before moving to Union 12 years ago.

Surviving are four brothers, Michael, Lawrence Jr., Richard Sr. and Scott.

## Alice Glennon, 78

A Mass for Alice Footo Glennon, 78, of Brooksville, Fla., will be offered tomorrow at 9:30 a.m. in St. Mary's Church, Nutley, following the funeral from the Harrison-Pucci Funeral Home, Nutley.

Mrs. Glennon died Dec. 30 in the Evergreen Woods Rehabilitation Center, Spring Hill, Fla.

Born in Belleville, she lived in Nutley for 49 years until moving to Florida nine years ago.

Surviving are a daughter, Alice McAlister, and a brother, Arthur Footo.

## David Franzi, 75

A Mass for David Jack Franzi, 75, of Belleville will be offered at 9:30 a.m. today in St. Anthony's Church, Belleville.

The funeral will be from the Zarro Funeral Home, Bloomfield.

Mr. Franzi, who died Dec. 30 in St. Michael's Medical Center, Newark, was a foreman for 40 years with Fusco Contractors, Monclair, before retiring in 1990. Earlier, he worked for Equipment Sales and Service, Bloomfield.

Mr. Franzi, who was born in Newark, was an Army veteran of World War II.

He was a member of the AMVETS Chapter 26, Belleville and the Laborer's Union of North America Local 472, Newark.

Surviving are his wife, Josephine; a daughter, Josephine Calaforo, and two grandchildren.

## Pauline Lee, 87

Services for Pauline Lee, 87, a lifelong resident of Belleville, were held yesterday in Irvine-Cozzarelli Memorial Home, Belleville.

Mrs. Lee died Dec. 27 in Columbus Hospital, Newark.

She was a member of the Belleville Women's Club and Nutley Chapter 121, Order of the Eastern Star.

Surviving is a sister, Margaret Smith.



Pharmacy Footnotes

Vincent Cozzarelli Reg. Ph.

### LEVELING OFF

Until recently, manic-depressive illness (also known as bipolar disorder) was treated primarily with lithium, a twenty-five-year-old drug that is ineffective for some patients. Now, a new medication may prove useful in treating the chronic and debilitating disease that causes severe mood swings that alternate between manic and clinical depression. The manic episodes are usually characterized by clearly defined periods of abnormally and persistently elevated or irritable moods. Divalproex sodium is a derivative of a medication first made available in 1983 for epilepsy. Recent approval by the U.S. FDA makes it available for treating manic-depressive disorder. With the introduction of the new medication, doctors are able to stabilize mood swings and create a steady state that guards against the disorder's highs and lows.

As soon as they are made available, we stock newly approved FDA drugs at ROSSMOORE PHARMACY, 338 Washington Avenue (759-1968, 759-1956). Our prescription department includes free delivery and we are Medicare and Blue Cross approved. Many items are stocked including baby needs, greeting cards, and gifts. Hours: 9am-10pm daily, Sun-Open Sundays.

HINT: Researchers believe that bipolar disorder is caused by genetic, biochemical and environmental factors.

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### SHERIFF'S FILE NO.

95-02877

**SHERIFF'S SALE**  
SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F-735490 - LBJ REALTY CORPORATION & VICTOR ZUPA, PLAINTIFF vs. GLADYS DELLA VOLPE, ET AL, DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, January 16, 1996, at one-thirty P.M. (Prevaling time)

First Tract:  
Commonly known as: 0900000263 HELLER PKY NEWARK, NJ 07107  
Lot: 31 Block: 749  
Site: 175.34 x 100.00  
Distance to nearest cross street: 51 feet  
Nearest cross street name: FRANKLIN AVENUE

Second Tract:  
48 Lake St. Newark, NJ  
Lot: 30 Block: 747  
Site: Approximately 92.97 x 100.00  
Distance to nearest cross street: 475.00'

Nearest cross street: Monthet Avenue

A full description can be found in the Office of the Register of Essex County.

A Deposit of 10% of the Bid Price in cash or certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of SIX HUNDRED EIGHTY SIX THOUSAND TWO HUNDRED NINETY AND 35/100 DOLLARS (\$65,290.35) together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. Dec. 11, 1995

ARMANDO B. FONTOURA, SHERIFF  
William M.E. Powers Jr., Attorney

Belleville Times Dec. 21, 28, 1995  
Jan. 4, 11, 1996  
Fee: \$62.12 No. B95-704

### SHERIFF'S FILE NO.

95-02856

**SHERIFF'S SALE**  
SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F-2089891 - FEDERAL HOME LOAN MORTGAGE CORPORATION, PLAINTIFF vs. LINDA M. ANDERSON & FRANKLIN D. ANDERSON, HW, ET AL DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, January 16, 1996, at one-thirty P.M. (Prevaling time)

First Tract:  
Commonly known as: 0900000123 STEPHENS ST BELLEVILLE, NJ 07109  
Lot: 47 Block: 23  
Site: 38 x 100 feet  
Distance to nearest cross street: 18117 feet  
Nearest cross street name: ACADEMY STREET

A full description can be found in the Office of the Register of Essex County.

A Deposit of 10% of the Bid Price in cash or certified funds is required at the time of sale.

The approximate amount of the Judgment to be satisfied by said sale is the sum of THIRTY NINE THOUSAND NINE HUNDRED TWENTY ONE AND 72/100 DOLLARS (\$39,923.72) together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. Dec. 11, 1995

ARMANDO B. FONTOURA, SHERIFF  
William M.E. Powers Jr., Attorney

Belleville Times Dec. 21, 28, 1995  
Jan. 4, 11, 1996  
Fee: \$62.72 No. B95-705

### NOTICE RE: 1996 ESSEX COUNTY SOLID WASTE ADVISORY COUNCIL MEETING SCHEDULE

The Essex County Solid Waste Advisory Council hereby adopts the following schedule for meetings to be held during the year 1996:

All Solid Waste Advisory Council meetings will be held on every fourth (4th) TUESDAY of each month at 2:00 p.m., in a classroom of the Essex County Police Academy, 250 Grove Avenue, Cedar Grove, New Jersey.

January 23, 1996  
April 23, 1996  
February 27, 1996  
March 26, 1996  
May 28, 1996  
June 25, 1996  
July 23, 1996  
August 27, 1996  
September 24, 1996  
October 22, 1996  
November 26, 1996

Please note the Solid Waste Advisory Council will not meet in December of 1996.

Belleville Times Jan. 4, 1996  
Fee: \$17.67 No. B96-8

## Marie Lupo

Marie Lupo, 73, of Belleville died Dec. 27 in her home.

A Mass was offered Saturday in St. Lucy's Church, Newark, following the funeral from the Spatola Funeral Home, Newark.

Mrs. Lupo was a traffic guard for the Newark Police Department for 30 years before retiring 15 years ago.

She was a member of the St. Gerard Ladies Guild, Newark, and the St. Anthony's Senior Citizens, Belleville.

Born in Newark, she lived in Belleville for three years.

Surviving are two sons, Frank and Angelo; three brothers, Louis, Anthony, and Vito Milano; a sister, Angie Maisto, and five grandchildren.

## Pain may be eliminated for millions

(SPECIAL) - A new drug has been approved that is exciting researchers in the treatment of pain. This material has been formulated into a new product known as "Arthur Itis™" and is being called a "Medical Miracle" by some, in the treatment of debilitating conditions such as arthritis, bursitis, rheumatism, painful muscle aches, joint aches, simple backache, bruises, and more. Although the mechanism of action is unclear, experiments indicate that Arthur Itis™ relieves pain by first selectively attracting, and then destroying the messenger chemical which carries pain sensations to the brain, thus eliminating pain in the affected area. Arthur Itis™ is an odorless, greasless, non-staining cream and is available immediately without a prescription and is guaranteed to work. Use only as directed.

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**WORSHIP CALENDAR**



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393 Washington Ave., Belleville

**Sunday Services:**  
8:15am, Holy Communion  
9:30am, Sunday School  
10am, Holy Communion (with Nursery)

*Everyone is Welcome!*  
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Sunday: 9am Sunday Bible School  
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Children's church provided at all services ages birth through nine  
Sunday services only held at Belleville High School  
Thursday: 7:30pm  
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Pastor Bruce Yoshida  
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SUNDAY WORSHIP  
10:30 am

also, in addition on  
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CHILD CARE PROVIDED  
SUNDAY SCHOOL  
FOR ALL AGES 9:15 AM  
Leon F. Weaver,  
Pastor  
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**PARK UNITED METHODIST CHURCH**  
Broad & Park Sts., Bloomfield

SUNDAY WORSHIP  
10:45 AM  
BIBLE SCHOOL FOR ALL AGES  
9:25 AM

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SUNDAY  
Communion: Service  
8:30 AM (in The Chapel)  
Principal Service with Choir  
10:15 AM (in The Sanctuary)  
Adult Bible Class  
9:15 AM  
Church School  
10:15 AM  
 Fellowship Hour  
11:15 AM

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For information about our many program please contact the main office.  
The Rev. Joseph David Blomquist,  
Minister  
You are always welcome at the  
Glen Ridge Congregational Church  
759-1999

SHERIFF'S FILE NO. 95-028711

**SHERIFF'S SALE**  
SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F-103395 - COUNTY MORTGAGE, INC., PLAINTIFF - vs - DOBS WILLIAMS, LENA WILLIAMS, ET ALS, DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, January 16, 1996, at one-thirty P.M. (Prevaling time)  
First Tract:  
Commonly known as: 0906060372 CARTERET PL. ORANGE, NJ 07050  
Lot: 19 Block: 152  
Size: 100 x 334 feet  
Distance to nearest cross street: 200.00 feet  
Nearest cross street name: HIGHLAND AVENUE  
A full legal description can be found in the Office of the Register of Essex County.

A deposit of 10% of the Bid Price in cash or certified funds is required at the time of sale.  
The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED SIXTY FOUR THOUSAND THREE HUNDRED FORTY EIGHT AND 94/100 DOLLARS (\$164,348.94) together with the costs of this sale.  
The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. Dec. 11, 1995  
ARMANDO B. FONTOURA, SHERIFF  
Stern, Lavintahl, Norgaard & Daly, Attorneys

Belleville Times  
Dec. 21, 28, 1995  
Jan. 4, 11, 1996  
Fee: \$78.56  
No. B95-706



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TOWNSHIP OF BELLEVILLE, NEW JERSEY

January 4, 1996  
February 1, 1996  
March 7, 1996  
April 4, 1996  
May 2, 1996  
June 6, 1996  
September 5, 1996  
October 3, 1996  
November 7, 1996  
December 5, 1996  
Donna Caruso, Secretary  
Rent Leveling Board  
Belleville Times  
Jan. 4, 1996  
Fee: \$10.54  
No. B96-14

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SHERIFF'S FILE NO. 95-028627

**SHERIFF'S SALE**  
SUPERIOR COURT OF NEW JERSEY, CHANCERY DIVISION, ESSEX COUNTY, DOCKET NO. F-1345594 BERKELEY FEDERAL BANK & TRUST, FSB, PLAINTIFF - vs - ARLINGTON D. KING, JR., ET ALS, DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, January 16, 1996, at one-thirty P.M. (Prevaling time)  
Commonly known as: 0900000587 So. ORANGE AVE. NEWARK, NJ 07106  
Lot: 29 Block: 4246  
Size: 100 x 25 feet  
Distance to nearest cross street: 51 feet  
Nearest cross street name: V/HITNEY STREET  
A full legal description can be found in the Office of the Register of Essex County.

A deposit of 10% of the Bid Price in cash or certified funds is required at the time of sale.  
The approximate amount of the Judgment to be satisfied by said sale is the sum of FORTY ONE THOUSAND FOUR HUNDRED FORTY SIX AND 56/100 DOLLARS (\$41,436.56) together with the costs of this sale.  
The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. Dec. 11, 1995  
ARMANDO B. FONTOURA, SHERIFF  
Niedelman, et als, Attorneys

Belleville Times  
Dec. 21, 28, 1995  
Jan. 4, 11, 1996  
Fee: \$78.56  
No. B95-703

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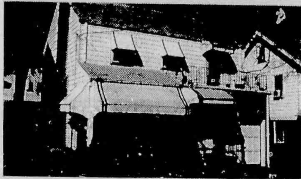


# THERE'S NO PLACE LIKE HOME

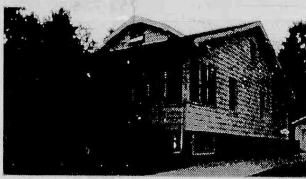
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Nutley, N.J. 07110  
667-3440

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### Kids Can't Fly... Window Safety Tips

According to the National Safety Council, more children die each year from injury than from all childhood diseases combined. Most of these injuries occur in the home. Sadly, many of them could have been prevented with a little knowledge, foresight and care.

We believe that companies which make products for the home can help increase safety awareness in the home. Recently, the Screen Manufacturers Association suggested that its members place a warning label on insect screens to remind consumers that these screens are not designed to keep children from falling out of windows.

Many manufacturers have decided to support this effort by attaching the most effective label we could devise. In addition we asked ourselves what else could we do to make people more conscious of window safety to further reduce the likelihood of injury?

Unfortunately, the safety issue doesn't have one simple solution. Like electricity, water, stairways and other vital aspects of the home, we take windows for granted. They make our lives better, but they can present potential hazards under certain conditions.

#### Window Safety Tips

Develop a family emergency plan to make sure family members know how to escape through any code-required emergency exit window or accessory.

You must be able to open windows in an emergency. Do not paint, nail or weatherstrip them shut.

Do not remove cranks from casement and opening windows unless you know they will not be needed for an emergency exit. Cap the exposed studs with covers available from the manufacturer.

Keep children's roughhousing away from windows and patio doors. Falling through a window could cause serious injury or prove fatal.

Contact your local police and fire departments regarding home safety awareness and security tips.

Learn to recognize hazards and prevent injuries. What looks "normal" to an adult may be deadly to a child.

Whenever small children are around, close and lock windows. If you need ventilation, open the windows that are out of the reach of children.

Do not place furniture near windows. Children with their boundless energy, love to jump on beds and climb on furniture and they can quickly reach window ledges or sills and fall.

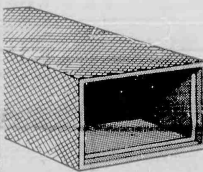
Keep window treatments (blinds, cords, drapes, etc.) out of children's reach. They may injure themselves when climbing or be strangled. Climbing on radiators, especially those in front of windows, can also be dangerous for kids.

Keep children away from open windows and don't allow them to lean on the insect screens. Don't depend on these screens to keep your child from falling out of a window. Screens are designed to keep insects out... not children in.

Don't leave young children alone - injuries can happen in seconds. Nothing can substitute adult supervision.

For a free brochure and a sample label, write to Frank S. Fitzgerald, CAE, Executive Vice President & Technical Director, Screen Manufacturers' Assn., 3950 N. Lake Shore Dr., Suite 502-A, Chicago, IL 60613.

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**Schuller's SuperDuct solves problems of noise and air leaks.**

Almost every homeowner is aware of the disadvantages of sheet metal air duct. It's noisy, and it leaks.

Noise reverberates due to expansion and contraction of the metal itself, fan vibration, and even from the home's occupants. Air leaks from joints that are not tightly sealed.

To overcome these problems,

there's a rigid fiber glass duct system which absorbs the noise. And its consistent high insulating value and minimal air leakage help to deliver warmed or cooled air at desired temperatures, with greater energy efficiency and improved comfort.

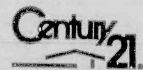
Although this SuperDuct™ system, manufactured by Schuller International, offers the highest performance of any type of duct available, its installed cost is comparable to other systems. This means it's affordable for any home.

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ADDRESS \_\_\_\_\_  
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NUMBER OF INSERTIONS \_\_\_\_\_

Check  Visa/M/C# \_\_\_\_\_  
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Students call 800-338-6428

Mature woman seeks position in beauty salon shampooing or booking appointments. Has license. Please call 463-7623

**EMPLOYMENT WANTED**

Mature woman seeks position in beauty salon shampooing or booking appointments. Has license. Please call 463-7623

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**DEADLINE: MONDAYS BY 4 PM**

<p><b>GENERAL OPPORS.</b></p> <p>Mature woman seeking position as receptionist in doctor's office. Dependable &amp; experienced. Please Call 483-7623</p>	<p><b>GENERAL OPPORS.</b></p> <p><b>DRIVERS</b> Class "A" H-N License *Local Year Round Steady Work *Competitive Salary Paid Weekly *Excellent Medical Package *Union Company *Pension/Vacation/Sick Pay *New Equipment CALL NOW 1-800-935-0117 Island Transportation Corp. 850 Port Reading Ave. Port Reading, NJ</p>	<p><b>GENERAL OPPORS.</b></p> <p><b>PRODUCTION LAB ASSISTANT</b> Growing optical chain located in Brockfield sec. of Bloomfield seeks mature-minded individual for high-volume manufacturing lab. Diversified duties. Clean, friendly environment. No experience necessary. MUST BE GOOD WITH HANDS! We will train. FT/50.000/paid hollidays/vacation. Call 338-7326 for immediate interview.</p>	<p><b>GENERAL OPPORS.</b></p> <p><b>STOCKPERSON</b> to stock shelves. Picking, packing, receiving in auto parts warehouse in Nutley. No exper. nec. FT, Mon-Fri: 1/2 day Sat plus OT. Co. paid Blue Cross/Blue Shield. \$5.05 an hr to start with advancement. 667-1234</p>	<p><b>FINANCIAL</b></p> <p>\$\$\$CASH\$\$ Immediate \$\$ for structured settlements, annuities, lottery payouts, insurance claims and mortgages. 1-800-388-3582 J.G. Wentworth, the nation's only direct purchaser.</p>
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<p><b>CHILD CARE SERVICES</b></p> <p><b>CHILD CARE</b> Infants/toddlers/preschool. State reg. family daycare provider. Sponsored by Programs for Parents &amp; reg. by DYFS. Providing a safe, healthy environment. Nutritional meals &amp; TLC. Loc. in Belleville. Patti: 450-4519</p>	<p><b>CLERICAL OFFICE HELP</b> Automotive warehouse in Nutley. Answer phones and bill orders. Able to use adding machine. No computers. Company paid Blue Cross/Blue Shield. Full Time, Monday-Friday, 12 day Sat. pay over time. \$6.00 per hour to start with advancement. Call 567-1234</p>	<p><b>Medical Insurance</b> Sec'y for busy 3 doctor practice in Montclair area. Must have exp in ICD9 &amp; CPT4 coding, electronic claims/disability/auto/workers comp claims, &amp; medical terminology. Minimum 2 yrs computer entry req. Hrs: Mon-Fri, 9-5. Excellent benefits, pleasant office. Position available immediately. Please call 201-746-2204.</p>	<p><b>REAL ESTATE CAREER TRAINING. TRAINING</b> Success in Real Estate requires proper training &amp; office support. We have the best in the business. To learn more about a real estate career, call now! 751-7771 Century 21 Northside.</p>	<p><b>RECEPTIONIST</b> Montclair. Medical practice. Challenging opportunity for energetic and personable individual. Computer knowledge a plus. Day, evening &amp; Sat. hours. Call 744-5152</p>
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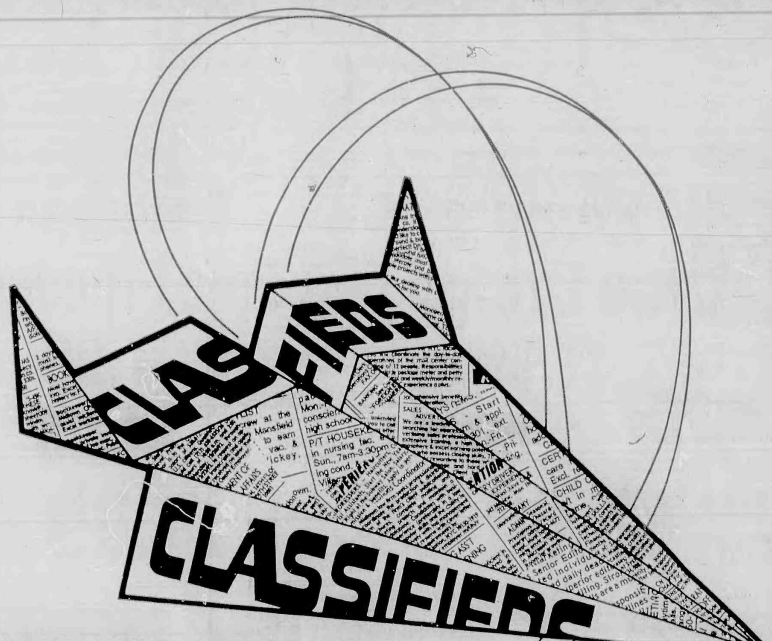
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**D.P. LEVANI Realty 608-8151** (after 5pm for appts.)

**APARTMENTS UNFURNISHED**

**BELLEVILLE** 3 rms, 1st fl, H/W inc. \$525/mo. 3 mod rms, 2nd fl, H/W inc. + pkg \$800/mo. 5 rms, 2nd & 3rd fl, H/W, gas incl. \$950/mo.  
**BLOOMFIELD** 4 rms, 2nd fl, supply own utls. \$550/mo  
**NUTLEY** 2 1/2 mod rms, garden apt, 1st fl, H/W inc. Pkg & laundry fac. inc. \$875/mo.  
**METRO AGENCY REALTORS 751-3400**

Blfd - 2 BR apt, 2 farm hse, nr bus, rail & hwy. \$700/mo. 743-6588, afternoons & eves.

Blfd - 3 rms, all utls, C/A/C, No Pets, single bus. parson prf. \$585. Av. 1/1/96. 338-5453

**BLOOMFIELD** 5 rms, w/4 hkup, bsmt storage. Great area. \$850 + utls. Avail 9/1.  
**MARZULLI REALTOR 743-2306**

Nutley 4 1/2 rms, mod. em. Av. 1/1/1 Cpl prf. No pets. \$900/mo. Nr NY Trans. Call 335-5033.

Nutley 4 rms 3 BR's mod kit & bath. 2 flr of 2 fam. Bsmt storage v/ Washdry. 1 cup, off st pkg. \$925 + DSH. Avail Feb 1st. No pets. Call 294-1170, 84 pm

Nutley - 1st fl, 2nd fl, priv home. 6 rms, 4th flr. Great area, a must. Avail immed. 681-0728

**APARTMENTS UNFURNISHED**

**BLOOMFIELD** 3 1/2 lg ultra mod rms, with W/W carp, H/H/W sup, Laundry fac on premises. Pking space. Call 743-8642

Bloomfield 3 large modern rms. H/W/Gas incl. 1 1/2 months security. Call 727-1877

Bloomfield - 3 rms, \$550/mo, H/W inc. No pets. Must qualify. Call 743-9077.

Bloomfield 4 rms, 2nd fl, \$750 + utls. 1 mth sec. Avail 2/1. Small pet ok. 429-9567 Leave mess.

Bloomfield - 1st fl, 4 lg rms, EIK, laundry hkup, storage space, etc. Avail immed. \$725 + utls. Call 429-8100, weekdays 9am - 5pm.

**BLOOMFIELD** 2 m studio, \$450 H/W incl. Avail immed.  
**MARZULLI REALTOR 743-2306**

**BLOOMFIELD 3 ROOMS FOR RENT** 17 Franklin St. Call 429-8630

Nutley 4 rms 1 BR, 2nd flr. No pets. 485 Canby St.

**APARTMENTS UNFURNISHED**

**NUTLEY** 3 1/2 rms \$675 H/W, 3 1/2 rms \$635, H/W, 3 rms \$650, H/W, 6 rms \$750 +, 6 rms \$1200 +, 6 rms (2400 sq ft) \$1800 +.

**BELLEVILLE** 3 rms \$685, H/W, 3 1/2 rms \$525, H/W, 3 1/2 rms \$550, H/W, 4 rms \$650, H/W, 4 rms \$950, H/W, 6 rms \$650 +.

**BLOOMFIELD** 2 m, studio \$475 utls inc 5 rms \$750 +, 4 rms \$795 +.

**COSTANTINE REALTY** REALTOR 667-7070

**NUTLEY** 3 rms, \$590 inc. 3 rms, \$650 inc. heat. 3 1/2 Grd \$835 inc., BELLEVILLE 3 rms, \$550 inc heat 4 rms, \$700 inc heat 5 rms, 3 BRs, Kids OK \$950 inc heat

4 mod rms + attic, \$850 inc. 3 m mod Condo + gar. \$850 inc heat.

**CENYRE REALTY 667-5101**

**NUTLEY 3 BR Colonial** 1 1/2 BR's, Yanticaw sec 2c, \$1800 + utls. Avail 2/1.  
Pete Hines Co. Realtor 667-6668

**RESIDENTIAL REALTY**

Attention Landlords! Apts Wanted. We screen all prospective tenants. No fee in NJ and NJ. COSTANTINE REALTY 289 Franklin Ave., Nutley. REALTOR 667-7070

**RENTALS**

Nutley Lrg, furnished m, new cprt, new beds, \$80 & up per wk. 667-3168. Refs req.

Trenton, State House Location, offering 4,892-SF with 2,500-sq on the first two floors for lease. Ideal for the lobbyist, lawyer, professional with immediate State House access. Call for additional information.  
Richardson Commercial 608-505-1000.

**PRIVACY HEDGE** Clearance overcut, 3 1/2" - 4 1/2" Cedar (Arboretum) tree. Regularly \$19.95, now \$7.85. Free shipping - 12 tree min. Also available - pine, birch, etc. Discontinue Tree Sales.

**CLASSIFIED DEADLINE TUESDAY AT 12 NOON**



# ShopRite and *always* Save... Happy New Year!

CHECK YOUR LOCAL STORE FOR HOLIDAY HOURS!

KENNETH FELD PRESENTS **ALL LIVE!** **OPENING NIGHT**  
**The Wizard of Oz**  
 Tues., Jan. 30 • 7:30 PM  
**SAVE 4.00**  
 ON ALL 118.50, 116.50 & 112.50 TICKETS with coupons from ShopRite  
 THERE'S NO PLACE LIKE HOME ESPECIALLY ON ICE!  
 Courtesy of **WFLA**  
**FLORIDA WORLD FETTERBALL**  
**EVYNE MEADOWLANDS ARENA** JAN. 30-FEB. 4

1/2-GAL. CART., ANY VARIETY FROZEN YOGURT OR  
**Kemp's Ice Cream**  
 ShopRite Sale Price **1.99**  
 PRICE PLUS\* Clip Less Coupon LIMIT 1 Coupon Per Brand  
**-1.00**

64-OZ. CART., RUBY RED OR WHITE GRAPEFRUIT JUICE OR REG., RUBY RED, HOMESTYLE OR GROVSTAND ORANGE JUICE  
**Tropicana Pure Premium**  
 ShopRite Sale Price **1.99**  
 PRICE PLUS\* Clip Less Coupon LIMIT 1 Coupon Per Brand  
**-1.00**

LARGE 24 SIZE, CALIFORNIA  
**Iceberg Lettuce**  
 ShopRite Sale Price **.89**  
 PRICE PLUS\* Clip Less Coupon LIMIT 1 Coupon  
**-.40**

**FINAL COST** **1/2 PRICE** **.99** MFR

**FINAL COST** **1/2 PRICE** **.99** MFR

**FINAL COST** **1/2 PRICE** **.49** MFR

### The MEATING® Place

PORK LOIN, RIB CUT ROAST OR  
**Center Cut Pork Chops**  
**1/2 PRICE** **1.99** lb.  
 THIN CUT  
 PORK LOIN 9-11 CHOPS FROM LOIN END  
**Pork Chop Combination** **1.49** lb.  
 PORK SHOULDER  
**Whole Fresh Picnic** **.89** lb.  
 HAM & WATER PRODUCT, REDUCED SODIUM  
**Cook's Ham Steak** **2.49** lb. **.50** MFR

LYSON HOLLY FARMS WITH BACK ATTACHED  
**Chicken Leg Quarters**  
**1/2 PRICE** **.49** lb.  
 U.S.D.A. A GRADE  
 6-LBS. OR MORE, WITH THIGHS  
**Perdue Whole Chicken Legs** **.99** lb.  
 CHICKEN & CHEESE OR FRESH, REDI-SERVE  
**On-Cor Chicken Nibblers** **2.50** 12-oz. pkgs.  
 THIN CUT, KING'S PRIDE  
**Corned Beef Brisket** **1.99** lb.

### The Produce Place

HIGH IN VITAMIN C, 27 SIZE, FLORIDA  
**Red or White Grapefruit**  
**5.99** for  
 LUNCHBOX SNACK  
**Red Seedless Grapes** **1.99** lb.  
 WASHINGTON STATE, EXTRA FANCY, GOLDEN OR  
**Red Delicious Apples** **.99** 100 SIZE lb.  
 EASY TO PEEL, BETWEEN MEAL SNACK  
**Clementine Gift Box** **5.99** 5-lb. box

ALL PURPOSE  
**Eastern White Potatoes**  
**1.99** 20 lb. bag  
 SERVE WITH PASTA & SAUSAGE  
**California Broccoli Rabe** **.99** lb.  
 FIRM RIPE  
**ShopRite Tomatoes** **1.49** 18-oz. pkg.  
 LONG GREEN  
**Super Select Cucumbers** **3.10** for

### The Dairy Place

ANY VARIETY SAVOR LATINO OR  
**La Yogurt Yogurt**  
**1/2 PRICE** **4.98** 6-oz. units

PLUS DEP. WHERE REQ. ANY VARIETY  
**Vintage Seltzer**  
**3.10** 12-oz. cans

ANY VARIETY  
**Ruffles Potato Chips**  
**1/2 PRICE** **.74** 10-oz. bag

FRESH SEAFOOD DEPT. WHERE AVAILABLE  
**Fresh Salmon Fillet**  
**5.99** 31-40 CT. PER LB., FROZEN OR THAWED

WHY PAY MORE?  
**ShopRite Skim Milk** **1.99** 1-gal. plastic

PLUS DEP. WHERE REQ. SLICE, MT. DOW, SCHWEPES GINGER ALE, REG., DIET OR CAFFE, FREE  
**Pepsi 2-Liter** **.89** MFR

ANY VARIETY  
**ShopRite Potato Chips** **.99** 9 to 10 oz. bag

31-40 CT. PER LB., FROZEN OR THAWED  
**Farm Raised Large Shrimp** **7.99** lb.

### The Deli Place

FOR SALT, REGULAR, MAPLE OR THICK  
**ShopRite Bacon**  
**1/2 PRICE** **.99** 16-oz. pkg.

PLUS DEP. WHERE REQ., ANY VARIETY, WELCH'S OR REG. OR CHERRY  
**7-Up 2-Liter** **.99** btl.  
 12-OZ. FRENCH ROAST (EX. DECAF), OR REG., OR LEMON DRIP  
**Folgers Ground Coffee** **2.99** 13-oz. can  
 PLUS DEP. WHERE REQ., HALF & HALF, TOM COLLINS, TONIC WATER OR GINGER ALE  
**ShopRite Mixers** **2.99** 1-ltr. btl.

ANY VARIETY  
**Rold Gold Pretzels** **2.30** 15-oz. pkgs.  
 APPLE, COG, GUSTARD, PUMPKIN OR LEMON MERINGUE  
**Rittenhouse 10" Pies** **2.99** 39 to 42-oz. box  
 ANY VARIETY, PREMIUM  
**Nabisco Crackers** **1.39** UP TO 4 DISCOUNTS 16-oz. box

### Frozen Foods Place

**Pictsweet Vegetables**  
**1/2 PRICE** **1.49** 13-oz. pkg.

WHY PAY MORE?  
**Armour Canned Ham** **7.99** 5-lb. can

PLUS DEP. WHERE REQ. 4-PR. AA (30 ALK)  
**Mentadent Toothpaste**  
 PRICE PLUS\* club members SAVE \$1.00 PAY ONLY **3.19** MFR

PRICE PLUS\* club members SAVE \$1.00 PAY ONLY **2.19** MFR

LOW FAT OR REGULAR  
**Andrea Cheese Ravioli** **.99** 13-oz. pkg.

### The Appy Place

STORE SLICED, WATER ADDED  
**Domestic Ham**  
**2.99** lb.  
 IN THE CHEESE PLACE, WHITE OR YELLOW, NEW YORK STATE  
**Cheddar Cheese** **3.99** lb.

**Super Coupon**  
 All Shoppers Must Present This Coupon To Receive Discount  
**1.00 OFF** TOWARD THE PURCHASE OF ANY C-41 OR **Kodak Premium Processing Order**  
 With This Coupon, Limit one per family, good at any ShopRite, Sun., Dec. 31 thru Sat., Jan. 27, 1996.

**Super Coupon**  
 All Shoppers Must Present This Coupon To Receive Discount  
**6-Pk. Coke Case of 4** **4.99**  
 PLUS DEP. WHERE REQ. 248 OZ. 12.5 OZ. CANS FOR PEPPER, MENTHOL MINT, PEACH, SWEET, REG., DIET, CHERRY, CAFFE, FREE OR CLASSIC  
 With This Coupon, Limit one per family, good at any ShopRite, Sun., Dec. 31 thru Sat., Jan. 6, 1996.

**Fresh Bake Shoppe** WHERE AVAILABLE  
**Large Italian Bread** **.99** 4' pot

IN THE FLORAL SHOPPE, IN BUD & BLOOM  
**Primrose Plant** **1.29** 4' pot

Prices effective in New Jersey, North of Trenton (incl. Monticello, N.J.), including E. Windsor, N.J. & Rockland & Richmond Counties, N.Y. In order to ensure a sufficient supply of sale items for all our customers, we must reserve the right to limit purchases to 4 of any sale items, except where otherwise noted. Not responsible for typographical errors. Items sold to other retailers or wholesalers. Amount does not necessarily represent items on sale, it is for display purposes only. Sun. sales subject to local laws. PRICE PLUS & ITEMS LIMIT & DISCOUNTS PER ITEM, PER FLAVOR, PER VARIETY & LESS OTHERWISE NOTED. Copyright WAGNER FOOD CORP. 1995. Belleville, N.J., Dec. 31 thru Sat., Jan. 6, 1996.



**MICRODEX  
FILE SEPARATOR**

**MICRODEX  
FILE SEPARATOR**

200-052886-1

200-052885-1

**MICRODEX  
FILE SEPARATOR**

**MICRODEX  
FILE SEPARATOR**

— NOTE —

ISSUE OF

~~CASE #~~

JANUARY 11, 1996

NOT IN FILE AT  
TIME OF MICROFILMING

REMARKS: \_\_\_\_\_  
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**MICRODEX  
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